## Liberal Art Is a State of Well Being

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Abstract- An education in liberal arts is a universal education that ponders for a strong foundation of knowledge. It develops rational thought and logical capabilities.

A source of education where we are made liberal with no limitations of any laboratories. Every concept of liberal arts education allows us to question the realities of life. It helps to connect between different subjects like literature and psychology, literation and science etc.

We not only research on the subjects but we are also enlightened from the characters. Hence during romantic era (1825-1900) when the concept of technology driven economy had not yet been introduced, society relied on the outburst of act, culture and literature that was sweeping across Europe. They thrived in hamlets filled poetry and song and through education of such was scare.

They lived in communities that lived for the liberal arts. Critical thinking is one of the important factors involved. It allows an individual to be much more liberal in thinking and also liberal in discussions.

Arts possess the basic knowledge of many fields with this knowledge. A great poet William Shakespeare emerges and contribute Macbeth, Hamlet, Romeo Juliet etc., to the society as its replica.

People of all genres started involving in creativity as they put it to be a platform of knowing and sharing their knowledge.

Probably, the intellectuality began with a flow of liberal arts education. Studies in such fields as English and Philosophy introduce a student to the great writers and thinkers whose ideas have shaped our culture. Graduate with Arts degree find their communication skills in demand by employers seeking people who can read, write and speak well.

Indexed Terms- Intellectuality, Knowledge, Communication, Literature, Concept etc.

## I. INTRODUCTION

The liberal arts have the beginning bells in Greece. Way back to Olympus, Trivium was a subject composed with three other subjects such as, grammar, rhetoric and logic. Liberal arts also included free debates and conversations etc. that were later designed and formatted to a grounded course or syllabus to study. The debates helped in forming the legal system then of the time, and turned to defend one's nation.

The ideology of the liberal arts has evolved yet the roots remain same – That education should support our thoughts and prepare us to lead a successful life.

## II. FORMS OF LIBERAL ARTS

William Yeats is accredited with once saying "Education is not the fillens of the pair, but the lightening of the fire". Liberal art just not help in career building but, also supports us psychologically to initiate our life decision.

Philosophy being a part of liberal arts provokes us to think rationally and liberally. Any discussion that goes on any subject has to end with a philosophical conclusion. Liberal Arts open many avenues that have to be chosen critically and analytically. Most the population feel, only by scoring less number in academics, would prefer liberal arts just to earn degrees, but they are so naïve and ignorant about this thought that people who scoreless and choose Liberal Arts will be the Peaceful and will be the Intellects of the society. It's only the misconception people have about this field. Liberal Arts education helps to set a common base for a worldly knowledge; it strengthens of the natural world. Liberal Arts is concerned with not just shaping professional life but also personal life. If Biology helps in knowing Human Body system, philosophy helps to understand the system more sensitively and takes dare to deal with life's ups and downs. Liberal Arts takes in to account of any course a person is taking, whether it relates to this major or not, the courses required are to help and apply several skills in to everyday life rather than only professional life. Liberal Arts enable a person to think, learn and see a bigger picture. It certainly creates awareness in an individual to build their own confidence, opinion, and make their own decisions, and once a person develops their outlook on the world, the world becomes more understandable place.

A Liberal Arts education which run from anything to everything, from English to History, History to Biology, Biology to Nature etc will provide all the tools necessary to understand the world; our confusion will be filled with this very information. Liberal Arts courses make us understand that only by memorizing books will not help to stand in life but knowing the life would be a better option to you and value the life in a much different way, subjects of Arts engages us to think critically and also emotionally. Every stanzas of a poet takes us nearer to life and its harsh realities, every deep book enlightens us and bothers us to justify our lives, Liberal arts teaches us Life, and not he Late.

William Shakespeare who is a big tree of English Literature contributed this world with great maturity to understand different characters of the Life, his plays not only speak history but also a deep psychological factor of every Individual's life. Liberal Arts make us more spiritual than religious. It helps us to question every superstitious activity in our life. Feminism being a part of Liberal Arts study has molded the system with its loaded acknowledgment about inequalities and difference which were made past long time and has allowed women to rise against the system and not the men folk.

So, this kind of learning is not only one of the enrichments of the existence; but also, one of the achievements of this civilization. No particular concentration or area of the study is inherently a better ticket to security, leadership, or personal satisfaction

than other. We defend Liberal Education against parents, skeptics, potential students, media the market place etc. so, the foremost practical defense is that best possible preparation for succumb in the learned professions. Virginia Wolf used different spatial image to make a similar point her book, "Three Guineas" as she speaks about the importance of cultivating taste for the knowledge of arts and literature and also about music. She argues about the people involved in their profession or business have no time to catch up some good books, music, some great pictures and have lost their sense of sight, sense of good taste and sense of good music etc. and then she says "What then remains of a human being when they lose sense of sound, music and sight?? Only a cripple in a crave".

Liberal Arts also help us to have a better sight of the past and know how the world is changing through our times. However, with the never-ending demands of the new technology and inventions, the society is starting to pay less attention to the importance of the acts and the humanities, therefore generations today are lacking the knowledge of these subjects. As a result, they are growing without the ability of critical thinking as well as how the world revolves around us and also the inability to read, reason and communicate.

Today, with the uncertain global economy, a liberal arts education helps us to prepare for such uncertainty and also holds us long for a meaningful life. It's an approach to learn and re learn the ideal complexities, diversities, and changes. It shapes us to develop a sense of social responsibilities as well as groom us with a strong and transferable intellect and skills acquisitions, analytics etc...

Liberal arts make us aware of the knowledge and the ability to put force the acquired knowledge in required situations for the constructive and the ethical use in the society.

Hence, people are actually influenced by the so-called trend and have lost to recognize their own interests and also the technical studies have become the matter of status and Life style. But at the end without accomplishing the measure of life the whole lifestyle will be depressed. Liberal arts and humanities might not guarantee you about the jobs and settlement like math and science but, they can assure you the happiest minds and peaceful lives, as well as job satisfaction and not the mere urge for the materialistic life and Being.

## REFERENCE

[1] studymoose.com,self-Analyzed.