

Amelioration of Personality in John Green's *LOOKING FOR ALASKA*

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Abstract- *The dynamic creation and deconstruction of integrative features that differentiate an individual in terms of interpersonal behavior traits is referred to as personality development. Personality development allows people to understand self-reflection, the meaningful journey of growth, and so on. It has so many benefits that can help people change their lives to be more beautiful. It is a dynamic process that is influenced by external circumstances and life-altering experiences. In John Green's Looking for Alaska, Miles Halter's character development as a shy and introverted teenager is searching for a sense of purpose and adventure in the beginning. The character shows a drastic change in his personality after being friend with Alaska. The unexpected death of her makes an impact on him, and he becomes a more mature and self-aware person. He learns to accept his imperfections. He learned the most valuable fact of life is forgiveness is the way to survive happily. It requires individuals to confront their pain and work through the emotions that come with it. This study explains personality development as a path to healing, growth, and transformation.*

Indexed Terms- *Personality development, Forgiveness, Introvert.*

I. INTRODUCTION

Literature is the most essential part of people's lives. It is merely an imitation of life. It is the universal one that depicts people's cultures, traditions, and morals in an aesthetic form around the world through its magic. Literature opens our eyes and makes us see more than just the obvious. It helps us understand the power of language. It changes our perspective on people, things and events. It broadens the horizons of our minds and shapes our worldview. Literature is an important component of human existence since it

provides people with enjoyment, amusement, information, and values. It only depicts human life but also demonstrates human emotions through its various genres, including poems, fiction and drama. It is a tool for the outlet of human emotions that can also lead to growth.

Looking for Alaska written by John Green, an American author, YouTuber, podcaster, and philanthropist. He was born on August 24, 1977, in Indiana. He has been praised for his ability to capture the voices of teenagers and young adults, and his work has been widely celebrated by readers and critics alike. *Looking for Alaska*, his first novel, was published in 2005. He received the 'Michael L. Printz Award' from the American Library Association in the 2006. His time at Indian Spring School was a major source of inspiration for this novel. *The Abundance of Katherines*, his second book, was published in 2006. This book received positive reviews as well, and it was awarded 'The Printz Award' runner-up. It also made it to the finals of the Los Angeles Times Book Prize. His third book, *Paper Town*, was published in 2008. It was also awarded the 'Corine Literature Prize' in 2010. In 2008, he left his job as Booklist's publishing assistant to pursue his literary career full-time. In several countries his books have been published.

A novel is a created prose tale of significant length and complexity that deals creatively with human experience, typically through a connected sequence of events involving a group of people in a specific place. Novels are not expected to be didactic, as pamphlets or morality plays are; yet even the "purest" works of fictional art express a philosophy of life in varied degrees of implicitness. In the modern era, people are in a position to develop their qualities through personal growth, that helps them to lead their lives in a healthy way. Personality development is

needed. Even in the pandemic period, people experienced a lot of mental pressure because they were isolated in their homes for a long period of time. It has an impact on people's personalities, such as depression, which is characterized by low mood, weariness, pessimism, poor sleep, and hunger, as well as feelings of helplessness, guilt, and hopelessness, with a steady loss in work production.

Internal reflection and improvement are key components of personality development. Personality development develops self-awareness, self-esteem, and skills that allow people to shine in their lives. It is the act of looking inward to attain a goal or result, particularly in the quest for life's clarity, meaning, and passion. Different personality development goals can fall into different categories. They are mental, social, spiritual, emotional, and physical. People with strong mental fitness are more productive, creative and innovative.

Social interactions and relationships are also essential in the form of personality growth. Humans are social beings, and people require that connection to learn and grow. Being spiritual implies making an investment in one's own self-understanding and surroundings. The ability to understand feelings is referred to as emotional intelligence. Understanding how people's feelings impact their thoughts and actions goes beyond feelings. A variety of experiences can contribute to emotional and personality development. One's physical, mental, and emotional well-being are completely interconnected. Personality development is concerned with physical health issues such as nutrition, sleep, exercise, and movement.

In the novel, *Looking for Alaska*, examines important existential issues regarding life, death, personality development and the meaning of existence. It depicts personality development through the character of Miles Halter. The story tells about Miles's life before and after the death of Alaska. Alaska's mortality serves to further the plot, so the book's first section literally follows the events of her life as well as Miles's life, and the second, those following her passing, helps to develop Miles's character.

Miles Halter decides to go to Culver Creek boarding school in Alabama. He tells his parents that he is going to seek a 'Great Perhaps'. At Culver Creek, Miles meets Chip Martin, Takumi and Alaska Young, introduces him to new everything like playing pranks, smoking, drinking. Miles has a crush on Alaska, but she loves Jake. It does not break his heart until Alaska died of a car crash. Guilt is a feeling of responsibility or remorse for having done something wrong, whether intentional or unintentional. Miles feels guilty for Alaska's death because he allowed her to drive when she was drunk, and it caused her death. He blames himself for what happened. Self-blame can lead to feelings of inadequacy and low self-esteem, that can negatively impact one's mental health, but when he tries to find the real cause of Alaska's death, he enlightens himself about the facts of life that he will overcome through his personality development. When Alaska is alive with him, he feels the changes in his behavior, and even though she is dead now, he still feels the changes in his behavior.

He believes that suffering is an inevitable part of the human experience, but he also recognizes that forgiveness is the key to moving forward and finding peace. It shows his empathy and his desire to help others navigate their own pain. He realizes that forgiveness is not just a matter of saying the words but involves a deep inner transformation that allows him to move forward and find peace. Through the character of Miles, John Green shows how forgiveness can be a difficult action but once done ultimately it becomes a healing process, leading to the growth and transformation of life.

The novel illustrates the importance of personality development. Miles experiences mental stress because of his friend Alaska's death, and he thinks that he is the reason for her death. At last, he comprehends a valuable lesson from life is forgiveness offers a way out of this labyrinth, it allows individuals to recognize negative emotions and find a way forward. Through this, he learns to embrace his own peculiarities and imperfections. Personality development allows people to know more about their self-esteem, self-awareness, mental fitness, and resilience. It all helps people gain the ability to bounce back after rough patches in their

lives. It also leads them to learn some real facts that are required for a happy life. People can develop their personalities by reading motivational books, participating in creative activities like music, singing, writing, painting, and dancing. Even psychologists play a vital role in helping people get out of their problems, if they are mentally unstable. In the current world it is necessary to overcome guilt and move forward to lead a better and peaceful life.

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