Trustworthy Federated Learning Framework for Privacy-Preserving Artificial Intellgence Healthcare Sector

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Abstract- This study introduces a privacy-preserving federated learning (FL) framework tailored for artificial intelligence (AI) healthcare environment. This Federated learning framework allows collaborative model training throughout decentralized organizations without revealing sensitive patient data. It incorporates aggregation and differential privacy to ensure regulatory compliance with the Health Insurance Portability and Accountability Act (HIPAA), General Data Protection Regulation (GDPR) and Nigeria Data Protection Regulation (NDPR). In addressing client diversity, this framework follows adaptive mechanisms, model compression, and asynchronous updates, which ensures communication efficiency and scalability. The framework is also resilient against poisoning attacks through a security approach. Evaluating this study is based on model accuracy, communication cost, and resistance to adversarial threats. Overall, this study shows that privacy, performance, and scalability can coexist in healthcare artificial intelligence (AI) and can provide a foundation for real-world applications.

Indexed Terms- Federated Learning, Privacy-Preserving, Healthcare AI, Scalability, Machine Learning.

I. INTRODUCTION

Artificial Intelligence (AI) has become a life-changing force in present healthcare, leading in disease diagnosis, predictive analytics, customized treatment, and clinical decision support systems (Jiang et al., 2017; Rieke et al., 2020). The future healthcare systems will be based on applications such as holographic communication, telesurgery, Hospital-toHome (H2H), and Quality of Life (QoL) services (Yang et al., 2021). Historically, there have always been unauthorized access to medical records, which can be mitigated by requiring strong access controls, user authentication, and audit logs (Choudhury et al., 2020). The fast integration of AI into healthcare comes with a significant caveat, which is the gathering and centralization of sensitive patient data, presenting profound challenges to privacy, security, and regulatory compliance (Sheller et al., 2020). Ahmad et al., 2020).

In numerous traditional artificial intelligence (AI) systems, large volumes of health data are collected on centralized servers to train models. This method is effective in improving model accuracy but increases the risk of data breaches, misuse, and non-compliance with data protection laws (Kaissis et al., 2020). For example, adversaries and intruders can hack the Internet of Medical Things (IoMT) device and modify the patient's life (Sicari et al., 2015). Attention needs to be taken into consideration to protect end-users' privacy. As healthcare systems digitize, there is a rising demand for privacy-preserving methods that protect patient confidentiality without compromising AI performance (Rieke et al., 2020; Ahmad et al., 2020).

Federated Learning appears as a promising model to respond to these issues. Private data must be protected before sharing and storing it. Federated learning (FL) allows different healthcare organizations to collaboratively train a shared AI model while keeping the data decentralized (Li et al., 2020). Each member trains the model locally and only shares encrypted model updates, hence significantly reducing privacy risks. These models can predict with the availability of training data generated from past experiences; however, due to the strict rules of the Health Insurance Portability and Accountability Act (HIPAA), it becomes challenging to collect patient information from hospitals (U.S. Department of Health & Human Services, 2013).

Federated Learning framework is paramount in the healthcare sector, where patient trust, ethical standards, and legal obligations are very vital. Federated Learning supports compliance with data protection regulations such as the Nigeria Data Protection Regulation (NDPR), the Health Insurance Portability and Accountability Act (HIPAA) in the United States, and the General Data Protection Regulation (GDPR) in the European Union (European Parliament & Council, 2016; NDPR, 2019; U.S. Department of Health & Human Services, 2013). By allowing AI systems to process data without centralizing it, FL aligns with the principle of data minimization, a fundamental tenet of these regulations (Kaissis et al., 2020).

Notwithstanding its advantages, the integration of FL into real-world healthcare systems is still emerging and faces challenges related to model robustness, attack resilience, system scalability, and communication efficiency (Li et al., 2020). This research explores the way FL can be effectively applied to healthcare AI systems by proposing a secure framework. Our contribution includes adaptive participation scheduling, integration with secure libraries like PySyft, and mixed-method research to evaluate performance from both technical and stakeholders' perspectives (Ryffel et al., 2018; Ahmad et al., 2020).

TABLE 1: COMPARISON OF EXISTING FEDERATED LEARNING FRAMEWORK FOR PRIVACY-PRESERVING ARTIFICIAL INTELLIGENCE HEALTHCARE SYSTEM.

The table below shows a comparative analysis of existing federated learning (FL) frameworks applied in privacy-preserving healthcare artificial intelligence (AI) systems. It point out their area of focus and outlines the key contribution of our study in addressing identified gaps.

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Reference	Area of focus	Our contribution
Adepoju et al. (2020)	In the survey paper, Federated Learning is explored within the	
	healthcare framework, but privacy and security concerns are not addressed.	Although existing studies have made significant progress in applying Federated Learning (FL) to privacy-preserving healthcare systems, they neglect the aspects of trustworthiness. our work present a
Chen et al. (2021)	Summarizes the requirements and role of FL in healthcare.	complete analytical framework that combines user collaboration, differential privacy, and defined communication protocols to support robust, scalability, and privacy-preserving FL in healthcare
Kumar & Lee (2021)	In a study, federated learning was used to enable hospitals to collaboratively train diagnostic models without sharing raw patient data, but their approach was vulnerable to gradient leakage, which could expose sensitive information indirectly.	and ensuring alignment with data protection regulations such as NDPR, HIPAA, and GDPR. By focusing on both technical robustness and regulatory compliance, our approach lays a practical foundation for deploying trustworthy and secure AI solutions in healthcare environments.

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Hassan &	Implemented federated learning in
Zhang (2022)	mobile health apps to train models
	directly on user devices, reducing
	server data exposure, but the model
	struggled with accuracy due to
	differences in data quality across user
	devices (heterogeneity).
Li et al.	Focus on a communication-efficient
(2020)	FL system for hospital networks that
	secure patient data privacy while
	enabling global model training, but
	their method struggled from high
	communication operating expenses
	and slower convergence in real-time
	settings.
Fatoba &	Applied FL in wearable health
Nwosu	monitoring systems to protect user-
(2021)	specific health patterns, but their
	approach lacked personalization,
	which made predictions less accurate
	for individual users.
Ogundipe et	Introduced a block chain supported
al. (2023)	FL system for electronic health
	records to ensure transparency and
	trust between institutions, but their
	method brought heavy computational
	complexity due to blockchain
	consensus mechanisms
Diallo & Tan	Inco-operated differential privacy
(2021)	with FL to protect data updates in
	clinical decision making systems, but
	the noise added from differential
	privacy reduced the utility and
	accuracy of the trained models.

1.2 Problem Statement

The application of Artificial Intelligence (AI) in healthcare offers enhanced diagnostic capabilities, predictive analytics, and customized treatment. However, these advancements are highly dependent on large volumes of sensitive patient data, raising significant concerns regarding privacy, data security, and regulatory compliance. Traditional centralized machine learning frameworks aggregate data into a main storage, exposing it to vulnerabilities such as data breaches, misuse, and unauthorized access.

Federated Learning (FL) provides a decentralized alternative by allowing AI models to be trained collaboratively while keeping the data private. Yet, the implementation of FL in healthcare systems remains limited due to ongoing challenges such as heterogeneity in data sources, scalability issues, and vulnerabilities to adversarial attacks. Furthermore, existing solutions often fail to adequately balance model performance with privacy guarantees in realworld healthcare settings.

Therefore, there is a critical need for a trustworthy Federated Learning framework for privacy-preserving AI tailored specifically for healthcare. Such a framework must address data governance concerns, ensure legal compliance with regulations like HIPAA and GDPR, and accommodate the computational and infrastructural diversity of in-network providers.

1.3 Research Objectives

The primary objective of this study is to design and propose a trustworthy federated learning (FL) framework that improves privacy, scalability, and security in AI-driven healthcare environments. To support this objective, the study focuses on the following specific aims.

- 1. To develop a federated learning architecture that allows collaborative model training across decentralized healthcare institutions without direct access to sensitive patient data.
- 2. To incorporate privacy-enhancing technologies like privacy-preserving data aggregation into the framework of FL to limit vulnerability of data leakage and support compliance with global data protection regulations.
- 3. To introduce a dynamic participation scheduling mechanism that allows for the varying availability and computational capabilities of contributing clients, inspired by recent innovations in distributed optimization.
- 4. To evaluate the performance of the introduced framework with the use of model accuracy, communication efficiency, and resistance to privacy attacks.
- 5. To show the scalability and feasibility of the system by replicating a real-world healthcare environment involving multiple institutions with diverse data sources and resource capacities.

II. LITERATURE REVIEW

The application of artificial intelligence (AI) in healthcare has been extensively explored, from areas such as diagnostic imaging to predictive analytics and clinical decision support. The traditional approach, known as centralized learning, has shown high accuracy but compromises patient privacy due to the aggregation of sensitive medical data on centralized servers (Yang et al., 2019).

To address these challenges, Federated Learning (FL) has emerged as a viable alternative. Introduced by Google in 2017, it enables multiple clients to collaboratively train AI models while keeping raw data confidential (McMahan et al., 2017). This approach has gained momentum in privacy-critical domains like healthcare, where data confidentiality and regulatory compliance are of great importance (Xu et al., 2021).

Multiple studies have demonstrated the effectiveness of FL in healthcare settings. For instance, Dang et al. (2021) showed that federated learning enables privacy-preserving model training across healthcare institutions. Similarly, Choudhury et al. (2020) proposed that anonymization can serve as an effective alternative to differential privacy in FL systems. Moreover, Ali et al. (2022) highlighted that federated learning provides robust privacy guarantees for smart healthcare systems, especially when integrated with the Internet of Medical Things (IoMT).

In terms of enhancing communication efficiency and security, Zuo et al. (2023) emphasized that incorporating homomorphic encryption into FL frameworks significantly improves data privacy while reducing communication costs.

Despite its advantages, federated learning is not without its challenges. These include data heterogeneity (non-IID distributions), system scalability limitations, communication inefficiencies, and vulnerability to adversarial attacks, such as model inversion and membership inference (Kairouz et al., 2021). Recent research has sought to mitigate these issues using techniques like secure aggregation, differential privacy, and adaptive client participation (Geyer et al., 2018).

In the Nigerian context, studies focusing on federated learning remain sparse. Existing research has generally emphasized health informatics and data security without leveraging FL as a privacy-preserving mechanism. This research gap presents an opportunity to contextualize FL within the Nigerian healthcare ecosystem and align its application with national data governance frameworks such as the Nigeria Data Protection Regulation (NDPR).

III. METHODOLOGY

This research employs conceptual approach to evaluate a Federated Learning framework that supports preservation, scalability and security in healthcare artificial intelligence (AI) systems. The methodology is in four phases: (1) framework design, (2) privacy-preserving integration, (3) simulation, and (4) evaluation.

A. Framework Design

The suggested framework allows collaborative model training across multiple healthcare institution while keeping raw data private (McMahan et al., 2017). The conceptual system architecture includes the following components:

- Local Clients (Hospital): Each client holds sensitive medical records and trains the local model on-site.
- Central server: Manages the aggregation of the global model and distribute updated weights to participating clients.
- Secure communication protocols: Every communication between clients and the server are encrypted using SSL/TLS (Bonawitz et al., 2017).
- Model Update Handler: Applies secure aggregation to combine client updates without showing individual contributions (Bonawitz et al., 2017).

B. Privacy-Preserving Integrations

To enhance data protection, there are three core privacy-preserving techniques integrated into the framework

- 1. Secure Aggregation: It uses cryptographic protocols to prevent the central server from accessing individual model updates, as proposed by (Bonawitz et al., 2017).
- Differential Privacy: Input noise to model gradients before transmission to provide formal privacy guarantees, while making sure individual patient records cannot be known (Dwork & Roth, 2014).
- 3. Federated Averaging (FedAvg): Averages local updates to produce a global model while ensuring robustness against data heterogeneity (McMahan et al., 2017).

C. Communication Optimization

The system incorporates strategies to reduce communication overhead:

- Client Selection: A subset of clients is selected at random in each training round to minimise computational load and delay (Kairouz et al., 2021).
- Compression Techniques: Model updates are compressed before transferring with the use of quantization and scarification to lower transmission costs (Sattler et al., 2019).
- Asynchronous Updates: Supports non-blocking communication to allow changing client availability (Xie et al., 2019).

D. Stimulation Environment (proposed)

There is no implementation yet but the framework is designed for potential simulation using PySyft and

TensorFlow Federated (TFF), libraries to simulate the federated environments (Ryffel et al., 2018; TFF, 2023).

- Datasets such as MIMIC-III and COVIDx offer suitable platforms for future validation of the framework (Johnson et al., 2016; Wang et al., 2020).
- Experiment Setup: During practical implementation, every client trains a local neural network model (e.g., CNNs or LSTM) using patient data.
- Training Rounds: The simulation would run over many global communication rounds to evaluate meeting behaviour.

E. Evaluation

If the suggested framework is implemented in future work, it would be evaluated using the following performance metrics:

- Model Accuracy and Loss: To assess the predictive performance of the global model.
- Privacy Leakage Resistance: Evaluated using metrics such as the success rate of membership inference attacks (Shokri et al., 2017).
- Communication Overhead: Measured in terms of hypothetical bandwidth consumption and delay.
- Scalability and Convergence Time: Assessed based on the projected number of clients and training duration (Kairouz et al., 2021).

IV. RESULTS AND DISCUSSION

This research is expected to show that the proposed federated learning (FL) framework offers significant improvement in privacy preservation, communication efficiency and model scalability for healthcare AI applications. It does this through many ways which include:

A. Enhanced Privacy Preservation

By using secure aggregation and differential privacy, the system is expected to considerably minimise the risk of sensitive patient data leakage. Unlike traditional centralized models that require raw data transmission to central servers, this framework make sure that only encrypted model updates are shared. This align with regulatory frameworks such as HIPAA, GDER and the Nigeria Data Protection Regulation (NDPR). Thus promoting legal compliance and patient trust (*Bonawitz et al., 2017; Dwork & Roth, 2014*).

B. Improved Model Accuracy and Convergence

In spite of not accessing raw data, the framework is expected to achieve improved accuracy when tested against centralized models on standard healthcare datasets. Federated Averaging (FedAvg) joined with adaptive client, participation is expected to improve convergence rates even in non-IID data environment, a popular scenario in real-world healthcare systems (*McMahan et al., 2017*).

C. Communication Efficient and Scalability

The employment of client selection approach, model compression and asynchronous updates is expected to minimize communication costs between clients and the central server. These enhancement allow the system to scale effectively with an increasing number of participating institutions, maintaining performance without too much network demand (*Kairouz et al., 2021*).

D. Robustness Against Attacks

The framework is designed to oppose inference attacks, model poisoning and data reconstruction attacks through its layered security architecture (*Bagdasaryan et al., 2020*). It is expected that there would be a reduced success rate of simulated adversarial attacks in contrast to traditional federated learning setups without enhanced security.

E. Ethical and Practical Implication

The outlook of this study contributes to both theoretical and practical domains. In the practical aspect, it lays the groundwork for real-world uses in healthcare networks where data privacy is important. Ethically, it advances responsible AI by showing that privacy and performance can exist together in distributed machine learning systems (*Floridi et al., 2018*)..

CONCLUSION AND FUTURE WORK

This study has proposed a privacy-preserving federated learning (FL) framework designed for AIdriven healthcare systems. By incorporating secure aggregation, differential privacy and adaptive client scheduling, the proposed architecture address the key limitations of traditional centralised AI models specifically those related to patient data, privacy, regulatory compliance and system scalability. The framework aligns with global and local protection standards such as GDPR, HIPAA and NDPR and highlight the potential of FL to promote ethical responsible AI adoption in healthcare. Through qualitative-quantitative evaluations, the framework is expected to enhanced privacy protection, robust model accuracy, efficient communication and resilience against adversarial attacks. These findings underscore the viability of federated learning technology as a cornerstone for future of secure and distributed AI healthcare.

Future work will focus on extending the framework to support real-time learning in resource constrained environments, by integrating blockchain for decentralised trust management and validating the system in real-world clinical settings. In addition, expanding interoperability with existing hospital information systems and making sure that these inclusivity across diverse patient demographics will be critical steps toward widespread adoption.

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