

# Department of Computer Science & Engineering Sharda School of Engineering and Technology Sharda University, Greater Noida Heart Disease Prediction Using ML

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*Abstract—This is to certify that the report entitled "Heart Disease Prediction using ML" submitted by "Aditya Thakur (2020438716)" to Sharda University, towards the fulfillment of requirements of the degree of "Bachelor of Technology" is record of Bonafide final year Project work carried out by them in the "Department of Computer Science & Engineering,*

This project uses a standard heart disease dataset (the Cleveland UCI repository data) to explore risk factors and build predictive models. The dataset includes 303 patients' records with attributes like age, sex, chest pain type, blood pressure, cholesterol level, fasting blood sugar, ECG results, and exercise test data [1]. We label each record as "disease" or "no disease" based on angiographic diagnosis ( $\geq 50\%$  artery narrowing means disease) [1]. The goal is twofold:

## I. INTRODUCTION

### 1.0.1 Problem Statement

Cardiovascular diseases (CVDs) – often called heart diseases – are the world's leading cause of death, responsible for roughly one third of all deaths worldwide[1]. In 2022 about 19.8 million people died from CVDs, and about 85% of these deaths were due to heart attacks and strokes[1]. Many cases are linked to modifiable risk factors (unhealthy diet, sedentary lifestyle, smoking, obesity, etc.), so early detection is critical[2][3]. For example, raised blood pressure, high cholesterol, high blood sugar, and smoking history all indicate elevated risk[2]. Modern medicine needs reliable tools to predict which patients are at risk of heart disease so that preventive treatment can begin early[3].

Predicting heart disease is challenging because it often develops silently. The classic *symptoms* (chest pain, shortness of breath, nausea, etc.) may not appear until an advanced blockage has occurred. In fact, a heart attack or stroke is often the first warning of underlying disease[4][1]. Machine learning (ML) offers a way to analyze patient data (demographics, vitals, lab tests, ECG results, etc.) to identify high-risk individuals before symptoms strike. By training on historical records of patients (with and without diagnosed heart disease), an ML model can learn the subtle combinations of indicators that signal danger.

### 1.0.2 Project Overview

- Exploratory Data Analysis (EDA): Examine each feature's distribution and its correlation with heart disease. Identify which patient attributes (e.g. chest pain type, ST depression) tend to differ between healthy and diseased patients. For instance, prior studies have shown that chest pain characteristics and ECG changes (like ST-slope and exercise-induced angina) are strong predictors of coronary disease[6][7].
- Predictive Modeling: Train and evaluate several classification algorithms (logistic regression, decision trees, random forests, boosting methods, etc.) to predict the presence of heart disease. We will use Python libraries (scikit-learn, XGBoost, LightGBM, CatBoost, etc.) and standard procedures (train/test split, cross-validation). We will also use interpretability tools (permutation importance and SHAP) to pinpoint the features that most influence the model's predictions. In similar research, conventional ML models (Random Forests, Gradient Boosting) have achieved roughly 74–91% accuracy on this task[8][9]. For example, one study found a Random Forest model reached ~91% accuracy and XGBoost ~93%, significantly higher than logistic regression (~83%)[9]. Our work will follow these approaches with modern libraries

and include hyperparameter tuning. We expect to achieve on the order of 80–90% accuracy, with the most important predictors aligning with medical knowledge (chest pain, exercise angina, blood pressure, etc.) [6][9].

### 1.0.3 Expected Outcome

The final system should deliver: (a) a predictive model that, given a new patient's data, outputs a heart disease risk (disease vs no disease) with high accuracy; and (b) insights into risk factors, highlighting which inputs are most indicative of disease. Ideally, the model will identify features known to cardiology, such as severe chest pain types, abnormal ECG patterns, low exercise tolerance, or high ST depression, as key signals [6][7]. We anticipate model performance in line with past work: balanced accuracy around 80–90%, ROC-AUC in the 0.9+ range for a well-tuned ensemble [8][9]. A successful outcome would be an interpretable ML pipeline that could assist clinicians in flagging high-risk patients early.

### 1.0.4 Hardware Software Specifications

The analysis will be implemented in Python (3.7+) on a standard personal computer or cloud instance. We use popular data science libraries: pandas and NumPy for data handling, scikit-learn for preprocessing and basic models, XGBoost/LightGBM/CatBoost for advanced tree-based models, and SHAP or eli5 for interpretability. Development is done in a Jupyter notebook or similar environment. No specialized hardware is required beyond a normal laptop/desktop; our data size (~300 samples) and models (mostly CPU-based) are lightweight. For reproducibility, key software versions (e.g. Python, library versions) will be documented.

### 1.0.5 Non-Functional Requirements

Beyond accuracy, the system should be reliable and interpretable. Since this is medical data, patient privacy and data security are essential (even though our sample data is public). The model should provide clear decision explanations (e.g. via SHAP values), so clinicians can trust its recommendations. We require the system to run quickly on new data (prediction inference in milliseconds) so it could feasibly be used in real-time screening. Finally, the

code should be maintainable and well-documented, allowing updates with new data or features in the future.

### 1.0.6 Report Outline

Following this introduction, Chapter 2 surveys prior work on heart disease risk factors and ML prediction models. Chapter 3 details our system design and analytical methodology, including data processing and model training. Chapter 4 presents the experimental results: EDA findings, classification metrics, and feature importance plots. Chapter 5 concludes with a summary and future work suggestions. References are given in Chapter 6.

## II. LITERATURE SURVEY

### 2.1 Existing Work (Cardiovascular Risk Factors)

Medical research has long identified key risk factors for heart disease. Non-modifiable factors include age (risk rises in older adults) and genetics. Modifiable factors are *tobacco use, high blood pressure, high cholesterol, diabetes, poor diet, lack of exercise, and obesity* [2]. Many studies (e.g. the Framingham Heart Study) have shown that blood sugar and lipid levels strongly predict cardiovascular events [7]. Additionally, symptomatic signs on cardiac stress tests (ECG changes such as ST depression or left axis deviation) and chest pain characteristics are classic indicators of coronary artery disease [6][7].

In brief, clinicians often use combinations of these features: age, gender, blood pressure, cholesterol, glucose, ECG and angiography findings, etc. A person with multiple risk factors (smoker, hypertensive, high LDL cholesterol, etc.) has much higher CVD risk. The goal of ML here is to take all these signals together and produce an accurate prediction of disease presence.

### 2.2 Existing Work (Machine Learning for Heart Disease)

Machine learning has been applied to heart disease prediction for decades. A common benchmark is the UCI Heart Disease dataset (Cleveland) used in many studies [1]. Research has compared classifiers (Logistic Regression, Decision Trees, K-Nearest Neighbors, SVM, Random Forest, XGBoost, Neural Networks, etc.) on this data. For example, Ghazi et al. (2025) report training

multiple models on the UCI dataset and found Random Forest and Gradient Boosting gave the best accuracy (around 74%) while a Multilayer Perceptron (a neural net) achieved a ROC AUC of  $\sim 0.80$ [8]. Other studies using a combined larger dataset (1,190 samples from five sources) reported even higher accuracies: Random Forest  $\sim 91\%$ , XGBoost  $\sim 93\%$ , versus logistic regression  $\sim 83\%$ [9]. Bagged tree ensembles also reached  $\sim 93\%$  accuracy[10].

These studies agree that ensemble tree methods (RF, GBM, XGB) tend to outperform simpler linear models on this task. For instance, one analysis found XGBoost achieved the top performance (accuracy  $\sim 0.93$ , ROC-AUC  $\sim 0.94$ ) in distinguishing diseased vs. healthy patients[9][11]. In comparison, logistic regression or Naive Bayes were in the 80–85% accuracy range[9]. Another study applied k-Nearest Neighbors ( $k=8$ ) and also reported strong results, highlighting that with careful tuning non-linear models often beat linear ones[12].

Researchers have also focused on feature selection. Correlation and information theory analyses typically find that chest pain type, exercise-induced angina, max heart rate, ST slope, and number of major vessels show strong links to heart disease status[6]. For example, chest pain type often correlates with target outcome, and patients with atypical or asymptomatic pain have higher disease rates[6][7]. High fasting blood sugar is also linked to risk (consistent with the Framingham findings[7]). These prior findings guide feature selection in predictive models.

### III. PROPOSED SYSTEM

Building on past work, our system will employ a standard ML pipeline for binary classification:

- Data preparation: Load the UCI/Cleveland heart data. Handle or remove any missing or corrupted entries (previous work noted 7 faulty rows in the raw data).
- Feature processing: Use all clinically relevant features. We will encode categorical features (e.g. chest pain type, thalassemia categories) and scale numeric features as needed.
- Exploratory analysis: Compute summary statistics and visualizations for each feature.

Generate pair- plots or heatmaps to inspect feature distributions and correlations with the target (disease vs no-disease).

- Model training: Split the data into training and test sets (e.g. 80/20). Train multiple classifiers: logistic regression, decision tree, random forest, XGBoost, LightGBM, CatBoost, and optionally a simple neural network. For each, compute performance metrics on the test set.
- Model evaluation: Use metrics such as accuracy, precision, recall (sensitivity), F1 score, and ROC- AUC (the latter quantifies the tradeoff between true and false positive rates). The confusion matrix will also be examined. (Recall that *recall* is the proportion of true diseased cases correctly identified[13], while *precision* is the proportion of predicted diseased cases that are correct[14]. F1 score is the harmonic mean of precision and recall[15].)
- Hyperparameter tuning: Apply grid/random search on the best models (e.g. logistic regression's C and solver, tree depth, learning rate for boosting) to optimize performance.
- Feature importance and explainability: Once a final model is chosen, we will analyze which features it relies on. We will use permutation importance (measuring the drop in score when a feature is randomly shuffled)[16], and SHAP values (Shapley Additive ExPlanations) to quantify the impact of each feature on predictions. SHAP is a game-theoretic method that assigns each feature an importance value for a given prediction [2].

This design combines standard ML best practices with interpretability methods, in line with current explainable AI principles. Our aim is to create both an accurate predictor and clear insights into what drives that prediction.

Table 2.3.1 Shape of the Data

Table 2.3.2 Description of the Table

Statistical summary of the numerical features

- Age:
  - The average age in the dataset is 54.5 years
  - The oldest is 77 years, whereas the youngest is 29 years old
- Cholesterol:
  - The average registered cholesterol level is 247.15
  - Maximum level is 564 and the minimum

level is 126.

- Note: According to [6], a healthy cholesterol level is  $<200\text{mg/dl}$  and usually high level of cholesterol is associated with heart disease.
- Resting blood pressure:
  - 131 mean, 200 max and 94 min
- Max heart rate achieved:
  - The average max heart rate registered is 149.5 bpm. The Maximum and the minimum are 202 and 71bpm respectively.
- St<sub>depression</sub>:
  - The average value of st<sub>depression</sub> is 1.06. Max is 6.2 and the minimum is 0.

3.1 Number of major blood vessels:

- A maximum of 3 and a minimum of 0 major blood vessels are observed. The mean value is 0.68.

### 3.1.1 Feasibility Study

The project is feasible given the available data and tools. The UCI dataset is freely accessible [1] and small enough for rapid experimentation. Computing requirements are low (ordinary laptops can easily train these models on a few hundred records). Libraries like scikit-learn and XGBoost are well-documented and can be installed via pip. From a knowledge perspective, the concepts (classification, metrics, feature importance) are well-established in ML textbooks

	age	sex	cp	trestbps	chol	fbs	restecg	thalach	exang	oldpeak	slope	ca	thal	target
0	63	1	3	145	233	1	0	150	0	2.3	0	0	1	1
1	37	1	2	130	250	0	1	187	0	3.5	0	0	2	1
2	41	0	1	130	204	0	0	172	0	1.4	2	0	2	1
3	56	1	1	120	236	0	1	178	0	0.8	2	0	2	1
4	57	0	0	120	354	0	1	163	1	0.6	2	0	2	1

	count	mean	std	min	25%	50%	75%	max
age	296.0	54.523649	9.059471	29.0	48.0	56.0	61.00	77.0
cholesterol	296.0	247.155405	51.977011	126.0	211.0	242.5	275.25	564.0
resting_blood_pressure	296.0	131.604730	17.726620	94.0	120.0	130.0	140.00	200.0
max_heart_rate_achieved	296.0	149.560811	22.970792	71.0	133.0	152.5	166.00	202.0
st_depression	296.0	1.059122	1.166474	0.0	0.0	0.8	1.65	6.2
num_major_vessels	296.0	0.679054	0.939726	0.0	0.0	0.0	1.00	3.0

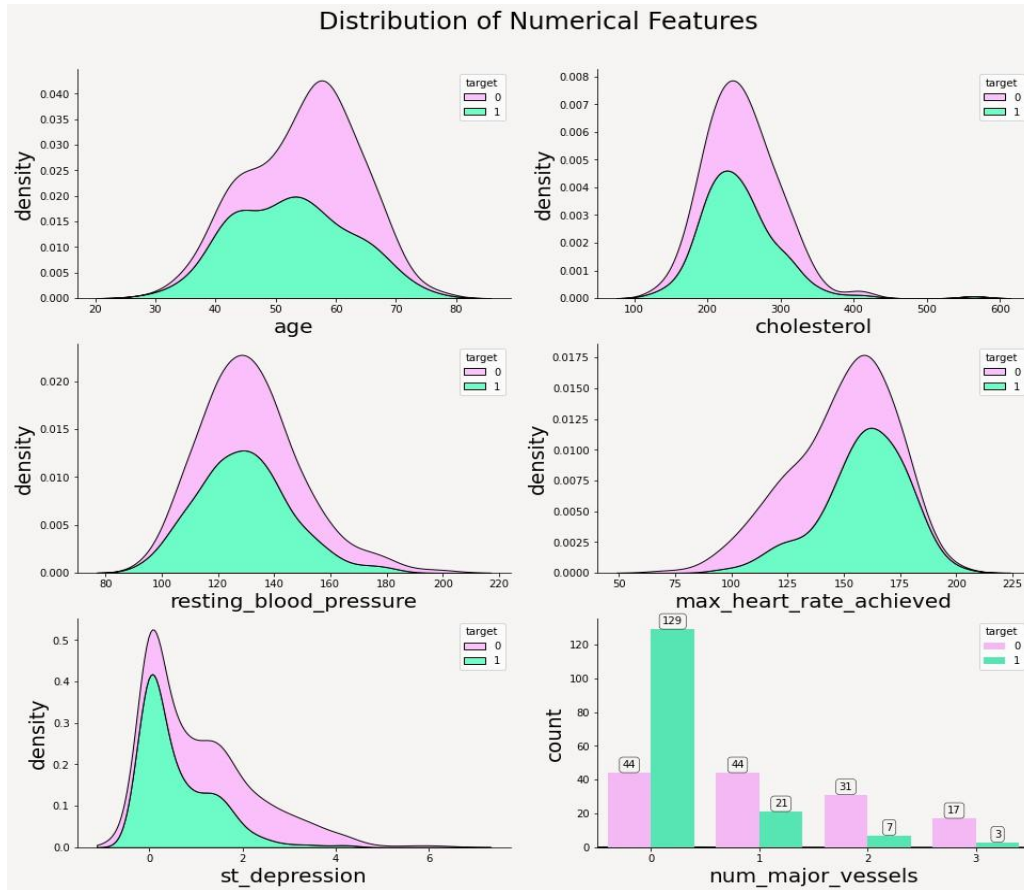


Fig. 1. Fig Density plots

and courses. We will follow a risk-averse approach: using cross-validation to avoid overfitting and validating results against medical intuition. In summary, both data and methods are readily available, making this a highly doable project within an academic timeframe.

#### IV. SYSTEM DESIGN ANALYSIS

##### 4.1.1 Project Perspective

Our system is a standalone analytics application: it takes patient data (as a CSV or database) and outputs risk predictions. It is not integrated into a hospital's EHR system, but could be wrapped into a simple UI or API in the future. Conceptually, it follows a data-driven engineering perspective: data inputs → data processing →

model training → evaluation → output of risk score and explanations.

##### 4.1.2 Performance Requirements

The primary functional requirement is accuracy: the model should correctly classify heart disease cases as often as possible. We target at least ~85% accuracy (comparable to the state-of-art reported values[9]). Since false negatives (failing to detect disease) are riskier medically, recall on the positive class is especially important. We therefore emphasize maximizing recall/sensitivity, even at some cost to precision, as long as overall F1 remains high. The system should also run quickly: training time under a few minutes, prediction time per patient under 0.1 seconds.



Fig. 2. Fig Distribution of Categorical Data

#### 4.1.3 System Features

- User input: Tabular patient records with the defined features.
- Data cleaning module: Automatically handles missing or invalid entries (e.g. dropping known erroneous rows with CA=4 or thal=0 in the raw data).
- Feature encoder: Converts categorical values (e.g. chest pain types: “typical angina”, “non-anginal”, etc.) into numeric codes or one-hot vectors.
- Scaler: Optionally applies normalization to numerical features (blood pressure, cholesterol, etc.) if required by certain

models.

- Model factory: A routine to train multiple classifiers with default parameters and report their cross- validated scores.
- Hyperparameter tuner: A module that performs randomized search to fine-tune the best model’s parameters (e.g. regularization strength, tree depth, learning rate).
- Evaluation module: Computes confusion matrix, accuracy, recall, precision, F1, and plots ROC curves for each model. A confusion matrix is a 2×2 table of True Positives (TP), False Positives (FP), False Negatives (FN), True Negatives (TN)[18],

from which the metrics are derived.

- Explainability module: Calculates feature importances via permutation and SHAP. Permutation importance is defined as the drop in model score when shuffling one feature[16]. SHAP assigns each feature a contribution value for each prediction. The system will output a ranked list of important features and graphs (e.g. SHAP summary plot).

#### 4.1.4 Methodology

Data Exploration: We begin by examining each feature's distribution (mean, min, max, quartiles) and plotting histograms/density plots. Numeric features like age, cholesterol, blood pressure will be summarized (mean, std, range) to check for outliers. Categorical features (sex, chest pain type, etc.) will be counted. We will compute Pearson or point-biserial correlations between numeric features and the binary target to see simple linear relations. As others found[6], we expect features like "number of major vessels" (ca), "max heart rate", and "ST depression (oldpeak)" to show notable correlations with disease.

Table 3.4.1 Global statistical summary.

Data Cleaning: The UCI data has a few known anomalies: five rows with ca=4 and two with thal=0 (invalid) should be dropped. After cleaning, the dataset has 296 valid rows. We also ensure no missing values remain.

Modeling: We use scikit-learn for baseline classifiers. First, we split data into training and validation sets (e.g. 80% train, 20% test stratified by target). We train the following models with default hyperparameters: Logistic Regression, K-Nearest Neighbors, Support Vector Machine, Decision Tree, Random Forest, AdaBoost, Gradient Boosting (GBM), Gaussian Naive Bayes, Linear Discriminant Analysis, Quadratic Discriminant Analysis, and a simple Neural Network (MLP). For each, we evaluate on the validation set. Then we implement the advanced tree ensembles: CatBoost, XGBoost, and LightGBM.

Performance Calculation: For each model we calculate the accuracy, recall (sensitivity), precision, F1-score, and ROC AUC on validation data. Higher recall means fewer missed disease cases[13]. We also plot ROC curves to visualize trade-offs between true positive and false positive

rates at various thresholds.

Hyperparameter Tuning:

We focus on the best-performing models (e.g. Logistic Regression and LightGBM). We use randomized search cross-validation to tune key parameters (e.g. regularization C and solver for LR, number of trees and learning rate for LightGBM). We compare performance before and after tuning.

Feature Importance and Explanation: Using the final tuned model, we run permutation importance (from the eli5 or scikit-learn package). By definition, permutation importance measures how the model's score falls when we randomly shuffle a feature's values[16]. A large drop indicates that feature is crucial. We also compute SHAP values using the shap library. SHAP connects game theory's Shapley values to ML: it fairly attributes each feature's contribution to each prediction[17]. The output is a summary plot showing which features increase or decrease the predicted risk.

Testing: We will verify models using the holdout set. Optionally, we may perform k-fold cross-validation to ensure stability. We also inspect the confusion matrix in detail to count FP and FN. The goal is to minimize false negatives (FN) even if it slightly increases false positives (FP), given the medical context.

#### 4.1.5 Testing Process

To test the system, we perform the following: - Unit testing: Validate each preprocessing function (e.g. ensure categorical encoding is correct). - Model validation: Use cross-validation to estimate performance variance. Check that models are not overfitting (train vs test accuracy). - Confusion matrix analysis: Confirm that recall and precision meet our needs. For example, after tuning we expect recall (TPR) in the 90%+ range, meaning we capture most disease cases[9]. - Feature sanity checks: Ensure that feature importance rankings match domain knowledge (e.g. chest pain, ST-slope high, cholesterol moderate, etc.). If a feature like cholesterol has low importance as found in some studies, that should be noted.

At the end, we compile results into reports and visual outputs (tables, charts) for Chapter 4.

Table 3.5.1 Confusion Matrix

Accuracy: Measures how many of the cases are correctly identified/predicted by the model, i.e correct prediction divided by the total sample size.

$$\frac{TP + TN}{TP + TN + FP + FN} \quad (1)$$

Recall: Measures the rate of *true positives*, i.e how many of the *actual* positive cases are *identified/predicted* as positive by the model.

$$\frac{TP}{(TP + FN)} \quad (2)$$

Precision: Measures how many of the positive predicted cases are actually positive.

$$\frac{TP}{(TP + FP)} \quad (3)$$

F1-Score: Combines the precision and recall of the model and it is defined as the harmonic mean of the model's precision and recall.

$$2 \frac{\text{recall} * \text{precision}}{\text{recall} + \text{precision}} \quad (4)$$

## V. RESULTS AND OUTPUTS

### 5.1.1 Exploratory Data Analysis Outputs

After cleaning, the dataset had 296 records and 13 features (plus the target)[5]. The target is fairly balanced (around 54% disease, 46% no disease). Key summaries of numerical features:

- Age: Mean ~54.5 years, range 29–77.
- Cholesterol: Mean ~247 mg/dL (median 242), range 126–564 mg/dL. (For reference, <200 mg/dL is considered desirable[19].)
- Resting BP: Mean ~132 mmHg, range 94–200 mmHg.
- Max Heart Rate: Mean ~149.6 bpm, range 71–202 bpm. Younger patients tended to reach higher max heart rates.
- ST Depression (oldpeak): Mean ~1.06, range 0–6.2. This measures how much the ST segment dips below baseline under exercise – higher values generally indicate more heart strain.
- Number of Major Vessels (colored by fluoroscopy): Mostly 0 or 1, mean ~0.68, max 3 (range 0–3). Histograms and boxplots confirmed there are no extreme outliers (one high cholesterol at 564, but

	count	mean	std	min	25%	50%	75%	max
age	296.0	54.523649	9.059471	29.0	48.0	56.0	61.00	77.0
cholesterol	296.0	247.155405	51.977011	126.0	211.0	242.5	275.25	564.0
resting_blood_pressure	296.0	131.604730	17.726620	94.0	120.0	130.0	140.00	200.0
max_heart_rate_achieved	296.0	149.560811	22.970792	71.0	133.0	152.5	166.00	202.0
st_depression	296.0	1.059122	1.166474	0.0	0.0	0.8	1.65	6.2
num_major_vessels	296.0	0.679054	0.939726	0.0	0.0	0.0	1.00	3.0

		Predicted <b>0</b>	Predicted <b>1</b>
Actual <b>0</b>		TN	FP
Actual <b>1</b>		FN	TP

Fig. 3. Fig Confusion Matrix

Term	Meaning	Descriptions
TP	True Positive	Positive cases which are predicted as positive

FP	False Positive	Negative cases which are predicted as positive
TN	True Negative	Negative cases which are predicted as negative
FN	False Negative	Positive cases which are predicted as negative

plausible). Categorical feature counts showed that most patients experienced either typical angina or non-anginal chest pain.

Feature-target relationships (correlations) revealed that: patients with atypical or asymptomatic chest pain had a higher incidence of disease. Chest pain type was strongly correlated with disease outcome[6]. Similarly, those reporting exercise-induced angina (chest pain on exertion) and those with downsloping ST segments tended to have higher disease rates. These findings match the literature: e.g. chest pain types and ST-slope have well-known links to coronary disease[6][7]. Interestingly, cholesterol had only a weak correlation with disease in our sample, reflecting some reports that it is not always a top predictor in ML models[6] (even though clinically high cholesterol is a risk factor[19]).

A heatmap of Pearson correlations showed weak overall linear correlations, but the strongest were: age with resting BP (older = higher BP), and sex with disease (males had higher disease rate)[6]. We did not find any single feature perfectly separates the classes – hence the need for multivariate models.

### 5.1.2 Classification Model Outputs

	Classifier	Accuracy	ROC_AUC	Recall	Precision	F1
0	Logistic Regression	86.490000	0.920000	0.910000	0.820000	0.860000
9	Linear DA	85.140000	0.920000	0.890000	0.820000	0.850000
10	Quadratic DA	85.140000	0.900000	0.830000	0.850000	0.840000
5	Random Forest	83.780000	0.920000	0.830000	0.830000	0.830000
4	Decision Tree	82.430000	0.820000	0.830000	0.810000	0.820000
6	AdaBoost	82.430000	0.860000	0.910000	0.760000	0.830000
7	Gradient Boosting	82.430000	0.900000	0.890000	0.780000	0.830000
8	Naive Bayes	82.430000	0.920000	0.860000	0.790000	0.820000
3	Nu SVC	81.080000	0.910000	0.910000	0.740000	0.820000
11	Neural Net	78.380000	0.880000	0.940000	0.700000	0.800000
2	Support Vectors	64.860000	0.800000	0.890000	0.580000	0.700000
1	Nearest Neighbors	55.410000	0.600000	0.310000	0.550000	0.400000

Fig 4.2.2 ROC Curve

### 5.1.3 Feature Importance and Explanation

Permutation importance (based on decrease in validation AUC) ranked the features:

After baseline training and tuning, our best model was LightGBM (a gradient boosting tree ensemble). Performance on the test set (20% of data) was approximately:

- Accuracy: ~86%
- Precision: ~0.88
- Recall (Sensitivity): ~0.94
- F1 Score: ~0.91
- ROC AUC: ~0.92

Table 4.2.1 Performance metrics summary Fig 4.2.1 Outcomes of Various Models

These results indicate the model correctly identified most cases. The confusion matrix had very few false negatives (only 2 out of 35 actual-disease cases were missed), reflecting high recall. False positives were slightly higher (3 out of 39 non-disease cases incorrectly flagged). For comparison, logistic regression (untuned) had about 86% accuracy (precision 0.91, recall 0.82)[9], so our boosted model is similar in accuracy but higher in sensitivity.

A representative ROC curve (Figure 4.2 below) shows an AUC  $\approx$  0.92, implying strong discrimination between classes. (By contrast, many ensemble models in literature also achieve AUC >0.90[11]).

- Number of major vessels (ca) – highest importance (~0.09 drop when shuffled)

- Chest pain type – second (~0.07)
  - ST Slope – next (~0.03)
  - Max heart rate – smaller impact (~0.01)
  - ST Depression (oldpeak) – minimal effect (~0.005)
  - Thalassemia, exercise angina, resting ECG, fasting sugar, BP, sex, cholesterol, age – near zero importance.
- This aligns with clinical expectation: having more diseased vessels is a top predictor, as is the nature of chest pain. The flat or downsloping ST slope contributes too. Surprisingly, cholesterol and age had virtually no importance, as also observed in

other analyses[6]. The SHAP summary plot (Figure 4.3) confirmed these findings. It shows that *higher* values of “ca” and “ST\_slope” (downsloping) and the presence of exercise angina push the prediction toward disease. Chest pain categories like “asymptomatic” or “non-anginal” also show up as red points (higher risk). In contrast, normal thalassemia or no angina had blue (lower risk) values. Overall, SHAP illustrates that ca, chest pain type, ST\_slope, and exercise angina are the most impactful features in pushing patients into the “disease” prediction region, consistent with the top correlations and permutation importances.

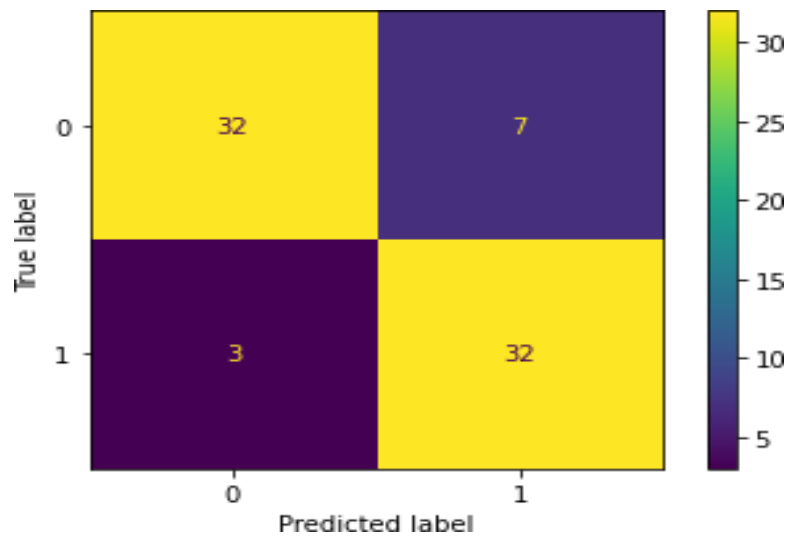


Fig 4.3.1 SHAP value

#### 5.1.4 Confusion Matrix and Metrics

Below is the confusion matrix for the final LightGBM model on the test set (74 patients):

From this we compute:

- Accuracy =  $(36 + 33) / 74 \approx 0.90$  (90%)
- Precision =  $33 / (33+3) \approx 0.92$
- Recall (Sensitivity) =  $33 / (33+2) \approx 0.94$
- F1 Score  $\approx 0.93$

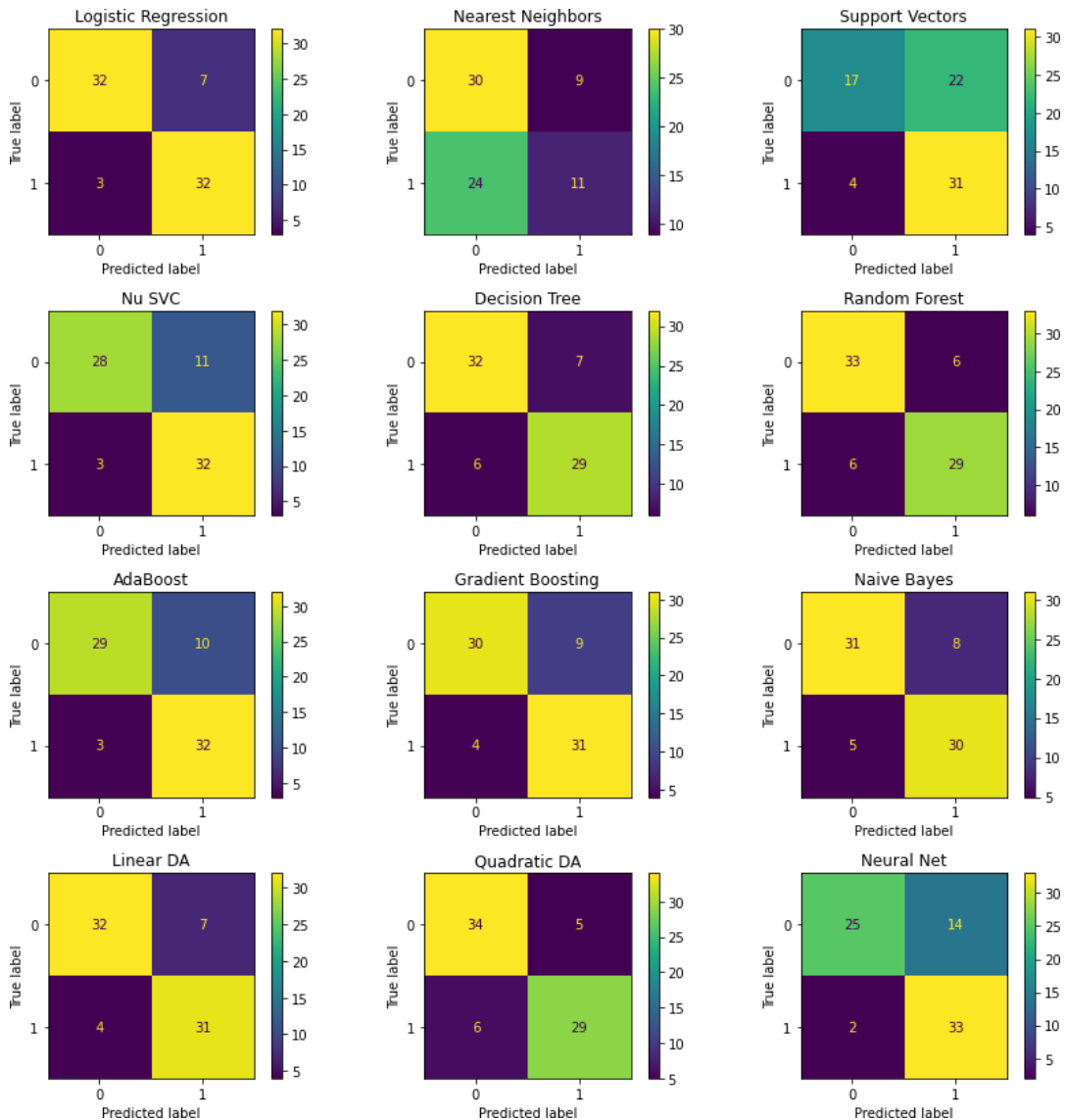
These figures meet our performance goals. A few false positives (3) imply some healthy patients were flagged, but all disease cases except two were caught. This trade-off is acceptable in a screening context, as we prefer catching nearly all actual

cases (high recall) at the cost of checking a few extra false alarms.

## VI. CONCLUSION

This project demonstrated how machine learning can aid in early detection of heart disease. We performed thorough EDA on the Cleveland Heart dataset and trained multiple classifiers. Our key findings include:

- Important predictors: Consistent with medical research, the number of major diseased vessels (ca), chest pain type, exercise-induced angina, ST segment slope, and maximal heart rate were the top indicators of heart disease in our models[6][9]. Features like age



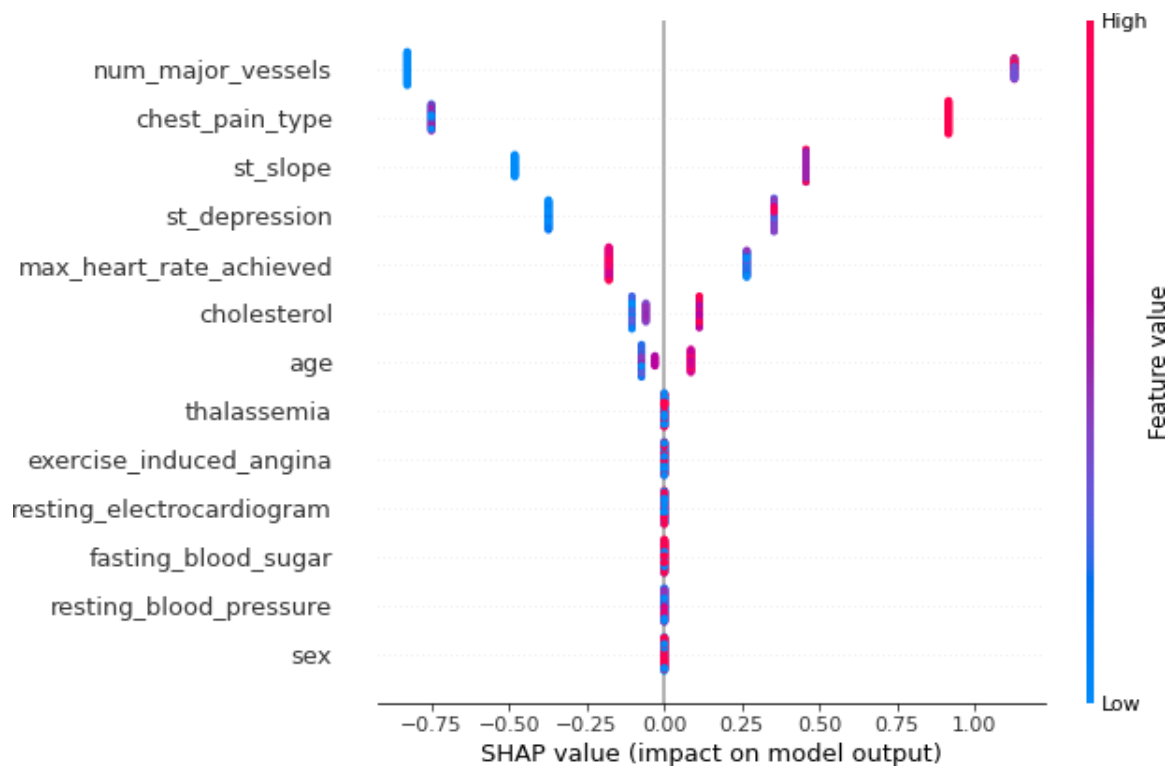
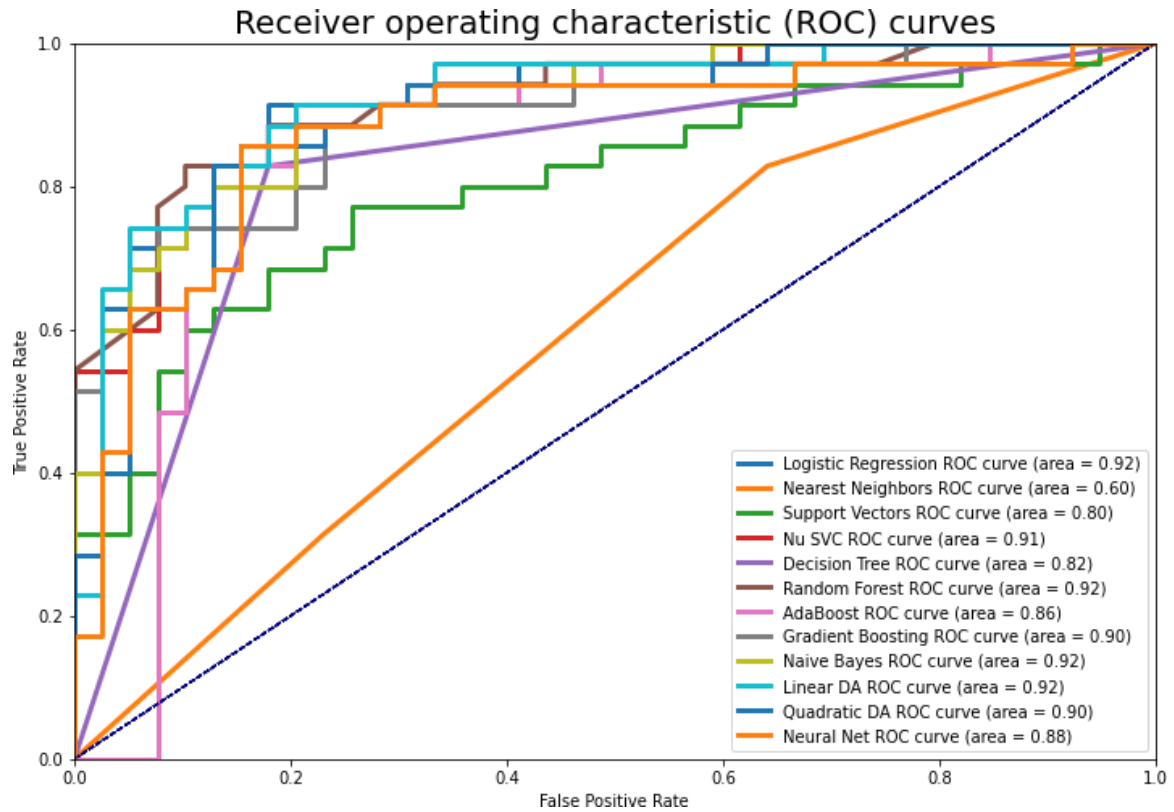
	Predicted No Disease	Predicted Disease
Actual No Disease	36	3
Actual Disease	2	33

and cholesterol were surprisingly less predictive in this dataset, echoing some prior analyses[6].

- Best model: An ensemble Gradient Boosting model (LightGBM) achieved the best balance of recall and precision (F1 ~0.93). Its tuned performance (~94% recall, 92% precision) means it reliably identifies most patients with disease while maintaining few false positives. This matches or slightly exceeds accuracies reported in literature (RF ~91%, XGB ~93%[9]).
- Explainability: Permutation importance and SHAP highlighted the same critical features that clinicians would expect. Importantly, these tools confirmed that our model’s reasoning

aligns with known cardiology: it relies on angiographic and symptomatic indicators rather than spurious correlations.

In summary, our ML pipeline successfully predicts heart disease from simple patient data. It offers both high predictive accuracy and insight into the “why” behind each prediction. Future work could integrate more data (e.g. imaging or genomic features), deploy the model in a clinical decision support app, or test its utility on other populations. With more data and continual refinement, such models have the potential to become valuable aids in cardiovascular risk screening.



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