

# A Study on The Impact of ESG Disclosures on Financial Performance and Investing Behaviour in The Indian Energy Sector

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**Abstract-** This study examines the relationship between Environmental, Social, and Governance (ESG) disclosures, financial performance, and investor behaviour in the Indian energy sector. An ESG Disclosure Index was constructed using manually coded data from company sustainability and annual reports. Financial and investment indicators were obtained from secondary sources. Correlation and regression analyses were conducted to assess the influence of ESG disclosure on profitability, market valuation, and institutional investment flows. The results indicate weak and statistically insignificant relationships across all tested variables, suggesting that ESG transparency does not currently serve as a determinant of financial outcomes or investor confidence within the sector. These findings highlight the limited market responsiveness to ESG information and underscore the need for improved disclosure quality and standardisation. The study contributes sector-specific evidence from an emerging market and identifies directions for future research on ESG reporting practices

**Index Terms-** Corporate Governance, ESG Disclosure, Financial Performance, Institutional Investment, Sustainability Reporting

## I. INTRODUCTION

The Indian energy sector plays a central role in supporting the nation's economic expansion while addressing critical environmental and social challenges. As global and domestic expectations for corporate transparency rise, Environmental, Social, and Governance (ESG) disclosures have emerged as an important mechanism for communicating sustainability commitments and risk management practices to stakeholders. Investors, regulators, and policymakers increasingly rely on ESG information to evaluate firm behaviour, assess long-term risks, and guide capital allocation. However, despite the growing relevance of ESG, the extent to which ESG disclosure

influences financial performance and investor behaviour within the Indian energy sector remains underexplored.

Given the sector's high environmental impact, regulatory complexity, and capital-intensive operations, understanding how ESG transparency aligns with firm performance is vital. This study addresses this need by constructing a disclosure-based ESG Index for selected Indian energy companies and empirically analysing its relationship with key financial indicators and institutional investment flows. By focusing on firm-reported data rather than external ESG ratings, the research offers a more grounded assessment of disclosure quality and its market implications. The findings contribute to the emerging body of ESG literature in India and highlight the need for enhanced reporting frameworks and deeper market engagement with sustainability information.

## II. IDENTIFY, RESEARCH AND COLLECT IDEA

The formulation of this research began with an extensive exploration of the evolving intersection between sustainability reporting and financial outcomes in the Indian energy sector. As global attention toward corporate responsibility intensifies, Environmental, Social, and Governance (ESG) disclosures have become a critical area of academic and industry focus. To assess the viability and relevance of this topic, a systematic identification and refinement process was undertaken.

First, a comprehensive review of existing literature, spanning global studies on ESG performance, sector-specific analyses, and emerging Indian evidence, was conducted to understand theoretical foundations and identify empirical gaps. Online academic platforms

such as Google Scholar, ScienceDirect, and SpringerLink were used to further explore current research trends and methodologies related to ESG measurement and financial performance. Additionally, insights from conferences, webinars, and expert discussions on sustainability reporting, corporate governance, and energy-sector regulation helped contextualise the practical relevance of the study.

Familiarisation with key terminology, disclosure frameworks (such as GRI, SASB, and BRSR), and financial performance metrics ensured clarity in defining the scope and analytical structure of the research. This iterative process enabled the selection of a research topic that is both timely and meaningful, particularly given the strategic importance of ESG integration within India's energy landscape.

### III. WRITE DOWN YOUR STUDIES AND FINDINGS

For this research on ESG disclosures and their relationship with financial performance and investor behaviour in the Indian energy sector, a structured writing approach was followed to ensure clarity, coherence, and academic rigour.

#### *A. Integrating Literature and Empirical Evidence*

In this approach, all reviewed literature, conceptual frameworks, and empirical insights were consolidated to develop a comprehensive manuscript. Prior studies on ESG measurement, sectoral dynamics, and financial impacts served as foundational building blocks. These references guided the construction of the theoretical background, the development of the ESG Disclosure Index, and the framing of analytical models. By connecting past evidence with the present study's data, a consistent narrative linking ESG transparency to financial and investment outcomes was established.

#### *B. Collaborative Refinement (Jump Start Approach)*

Throughout the research process, discussions with academic peers, domain experts, and faculty members provided valuable perspectives on methodological choices, variable selection, and interpretation of

results. This collaborative exchange strengthened the manuscript by helping refine the research design, validate analytical choices, and enhance the robustness of the findings. Such iterative feedback contributed to a more confident and well-structured writing process.

#### *C. Analytical Tools and Statistical Software*

While simulation tools are more common in engineering and computational sciences, this research relied on statistical software (such as Excel, SPSS, or R) to conduct correlation and regression analyses. These tools enabled the accurate computation of financial metrics, the construction of the ESG Disclosure Index, and the evaluation of relationships between ESG disclosures, profitability indicators, and institutional investments. The use of statistical analysis ensured that findings were data-driven and credible for academic peer review.

#### *D. Findings*

The analysis revealed that ESG disclosure has weak and mostly insignificant relationships with financial performance measures such as ROA, ROE, Net Profit Margin, and EPS. While some indicators showed slight positive or negative correlations, none were strong enough to be statistically meaningful. Similarly, institutional investment behaviour, measured through FIIs and DIIs, showed minimal association with ESG disclosure. Regression results confirmed the low explanatory power of ESG transparency in predicting either financial performance or investor interest. Overall, the findings suggest that ESG disclosure, in its current form, does not yet act as a key determinant of financial outcomes or institutional investment decisions in the Indian energy sector.

### IV. GET PEER REVIEWED

For this research, feedback from faculty members, academic peers, and individuals with expertise in ESG reporting and financial analysis is particularly valuable, as their insights can refine the interpretation of results and enhance the academic rigor of the manuscript. Actively seeking a wide range of review comments ensures that the paper is polished, coherent, and ready for submission to a journal for publication.

## V. CONCLUSION

While this study does not provide conclusive evidence that ESG disclosure directly enhances financial performance or attracts institutional investment in the Indian energy sector, the findings underscore an important insight: the current form and quality of ESG reporting may not be sufficient to influence market perceptions or investment decisions. This highlights the need for more robust, standardised, and transparent ESG practices within the sector, especially given its high environmental and social impact.

The study contributes to ongoing discussions on the evolving role of ESG in emerging markets by demonstrating that disclosure alone is not enough; its depth, credibility, and integration into core business strategy matter significantly. As India moves toward stronger sustainability regulations and broader adoption of frameworks such as BRSR, opportunities arise to strengthen ESG reporting and align it more closely with investor expectations.

Future extensions of this research may include longitudinal modelling to capture lagged ESG effects, cross-sectoral comparisons, integration of qualitative assessments of disclosures, and exploration of investor awareness and ESG literacy. These directions can deepen the understanding of how ESG practices translate into financial stability and market confidence, ultimately contributing to more sustainable growth within the Indian energy industry.

## ACKNOWLEDGMENT

I would like to express my deepest gratitude to my mentor, Dr T. Thirumal Reddy, Associate Professor, Siva Sivani Institute of Management, whose expert guidance, unwavering support, and valuable insights have been instrumental throughout this research project. Their encouragement and thoughtful feedback significantly shaped the quality and direction of my work.

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