

Grounding System Design Optimization for Medium-Voltage Distribution Networks in Emerging Power Markets

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Abstract- Rapid expansion of medium-voltage distribution networks across developing regions has intensified the importance of effective grounding systems for ensuring public safety, equipment protection, and operational reliability. This study investigates contemporary approaches to grounding system design to identify strategies that reconcile stringent safety requirements with the economic and environmental constraints characteristic of emerging power markets. A comprehensive review methodology was adopted, integrating international standards, peer-reviewed literature, analytical and numerical modelling studies, optimisation frameworks, material innovations, and documented field implementations from diverse geographic contexts. The review reveals that conventional, prescriptive grounding practices frequently underperform when applied in heterogeneous soils, rapidly evolving network topologies, and resource-constrained environments. Key findings demonstrate that grounding effectiveness is governed not solely by ground resistance, but by a broader set of performance indicators, including touch and step voltages, transient response, soil stratification effects, and long-term degradation mechanisms. Advanced modelling and simulation techniques, coupled with multi-objective optimisation algorithms, are shown to significantly enhance design accuracy and cost efficiency. Emerging materials such as conductive composites, enhanced backfills, and corrosion-resistant electrodes, alongside monitoring-enabled grounding systems, offer practical pathways for improving lifecycle performance. Evidence from practical case studies underscores the value of context-specific designs supported by field validation and adaptive maintenance strategies. The study concludes that grounding system design must transition from static, compliance-driven methodologies toward performance-oriented, data-informed, and adaptable frameworks. It is recommended that utilities and regulators strengthen site investigation practices, integrate optimisation and monitoring tools into routine design workflows, and

develop regionally responsive guidelines aligned with international best practice. These measures are essential for achieving resilient, safe, and sustainable distribution networks capable of supporting long-term electrification objectives in emerging economies. Collectively, these insights inform policy, engineering education, and strategic investment decisions worldwide effectively today.

Keywords: Grounding Systems; Medium-Voltage Networks; Emerging Power Markets; Design Optimisation; Soil Resistivity; Distribution Network Safety

I. INTRODUCTION

Grounding systems represent a fundamental pillar in the safe, reliable, and resilient operation of medium-voltage (MV) distribution networks, particularly within emerging power markets where electricity infrastructure is expanding at an unprecedented pace. In such contexts, network rollout and load growth frequently outstrip the availability of detailed geotechnical data, advanced modelling tools, and comprehensive system studies, thereby elevating the importance of well-conceived grounding designs (IEEE Power & Energy Society, 2015). A properly engineered grounding system provides a controlled reference potential for electrical installations, limits hazardous touch and step voltages during fault events, and facilitates the correct operation of protection devices, thereby safeguarding both human life and physical assets (Dawalibi et al., 2000).

In many developing regions, electrification programmes are driven by urgent socioeconomic objectives, including industrialisation, urbanisation, and improved access to essential services. These pressures result in rapid network densification, often

accompanied by the integration of distributed energy resources such as photovoltaic systems, small-scale generators, and energy storage. While these developments improve energy access and resilience, they also impose new operational stresses on grounding systems that were originally designed for simpler, radial, and centrally supplied networks (Deshagani et al., 2019). Legacy grounding practices, frequently based on conservative assumptions or limited soil investigations, are increasingly ill-suited to address the complexity and variability of modern MV distribution environments.

Geophysical and environmental conditions further exacerbate grounding challenges in emerging power markets. High soil resistivity, multilayer soil structures, and significant seasonal moisture variations are common across many regions in Africa, Asia, and parts of Latin America. These factors can severely degrade grounding performance if not explicitly accounted for during the design phase (Nahman, 1986). In addition, informal settlements and unplanned network extensions often constrain the physical space available for grounding electrodes and grids, leading to compromised installations that meet minimum regulatory requirements yet fail to provide adequate safety margins under realistic fault scenarios. Against this backdrop, the optimisation of grounding system design has become both a technical necessity and a strategic priority for utilities and regulators. Traditional design approaches, which often focus on achieving a target ground resistance value, are increasingly recognised as insufficient indicators of safety and performance. Contemporary research emphasises the need for holistic design methodologies that consider step and touch voltages, fault current distribution, soil resistivity profiles, and system grounding interactions in an integrated manner (Ma, Dawalibi & Southey, 2000). In emerging power markets, however, such comprehensive analyses must also contend with severe cost constraints, limited access to specialised software, and shortages of trained personnel.

Economic considerations play a particularly influential role in grounding system outcomes. Budgetary pressures frequently result in minimal grounding installations that satisfy nominal standards but underperform when subjected to high fault currents or adverse soil conditions. Empirical studies

from Nigeria and other developing countries have demonstrated that inadequate grounding contributes significantly to equipment damage, nuisance tripping, and elevated safety risks within distribution networks (Idoniboyeobu, Bala & Okekem, E2018). These findings underscore the need for optimisation frameworks that explicitly balance safety performance against material, installation, and maintenance costs, rather than treating grounding as a secondary or purely compliance-driven aspect of network design.

Insights from leadership and strategic innovation research further illuminate the importance of adaptive and context-sensitive approaches in resource-constrained environments. Studies examining innovation in healthcare systems highlight how flexible strategies, stakeholder engagement, and locally tailored solutions can substantially improve service outcomes despite infrastructural and financial limitations (Gado et al., 2020). Analogously, grounding system optimisation in emerging power markets benefits from design philosophies that prioritise adaptability, incremental improvement, and responsiveness to local operating conditions, rather than rigid adherence to prescriptive standards developed for fundamentally different contexts.

Broader evidence from technology diffusion in infrastructure sectors reinforces this perspective. Research on telehealth expansion illustrates how scalable, data-informed tools can enhance service equity and system resilience when thoughtfully integrated into existing frameworks (Omotayo Kuponiyi, 2020). Similar principles apply to grounding system design, where advances in modelling, measurement, and monitoring technologies offer new opportunities to improve decision-making under uncertainty. For example, the use of simplified soil characterisation techniques, coupled with validated analytical models, can enable more accurate grounding assessments even in data-scarce regions.

The growing application of intelligent systems in underserved environments further highlights the transformative potential of automation and analytics. Studies on AI-enabled solutions for education delivery demonstrate how intelligent tools can mitigate data gaps, support operational planning, and improve outcomes in remote and resource-limited settings

(Frempong, Ifenatuora & Ofori, 2020). In the context of grounding systems, analogous technologies may facilitate real-time condition monitoring, predictive maintenance, and enhanced fault analysis, thereby extending the effective lifespan of grounding installations and reducing long-term operational risks. Importantly, these technological and methodological advances reposition grounding system design optimisation as a multidisciplinary endeavour rather than a narrowly defined engineering task. Effective optimisation requires the integration of electrical engineering principles with geotechnical analysis, economic evaluation, regulatory compliance, and strategic planning. Regulatory frameworks must evolve to accommodate performance-based design approaches, while utilities must develop institutional capacity to implement and sustain optimised grounding solutions over the network lifecycle.

1.1 Importance of Grounding in Medium-Voltage Distribution Systems

Grounding systems are integral to the operational safety and functional integrity of medium-voltage (MV) distribution networks. Their primary role is to provide a low-impedance path for fault currents, thereby limiting dangerous touch and step voltages that may arise during ground faults or lightning events (IEEE Power & Energy Society, 2015). By stabilising the system reference potential, grounding systems protect both utility personnel and the general public from electric shock hazards while ensuring compliance with established safety criteria.

Beyond personnel safety, grounding significantly influences the performance and reliability of MV networks. Effective grounding facilitates the correct operation of protective relays and circuit breakers by ensuring predictable fault current paths and magnitudes (Dawalibi et al., 2000). Inadequate grounding can lead to delayed fault clearance, miscoordination of protection devices, and increased thermal and mechanical stress on network components, ultimately accelerating equipment degradation and outages.

Grounding performance is also closely linked to soil characteristics and network topology. Variations in soil resistivity, layering, and moisture content directly affect ground impedance and voltage distribution

during fault conditions (Nahman, 1986). In MV systems with dispersed substations and pole-mounted equipment, poorly designed grounding can result in transferred potentials over wide areas, extending safety risks beyond the immediate fault location.

Empirical studies from Nigeria and other developing contexts highlight the consequences of insufficient grounding in MV installations. Idoniboyeobu, Bala, and Okekem (2018) report that substandard earthing practices contribute to frequent equipment failures and elevated shock risks in distribution networks, particularly where grounding designs are driven primarily by cost considerations. These findings underscore that grounding is not merely a regulatory requirement but a foundational engineering function essential to the safe, reliable, and sustainable operation of medium-voltage distribution systems.

1.2 Characteristics of Emerging Power Markets

Emerging power markets are characterised by the rapid expansion of electricity infrastructure driven by population growth, urbanisation, and economic development objectives. Governments and utilities in these regions prioritise extending access to electricity as a catalyst for industrialisation, improved healthcare, and poverty reduction (Bhattacharyya, 2012). Consequently, medium-voltage distribution networks often experience accelerated deployment schedules that leave limited time for detailed system planning and optimisation.

A defining feature of emerging power markets is the heterogeneity of operating conditions. Distribution networks must contend with diverse load profiles, ranging from densely populated urban centres to sparsely electrified rural communities. This diversity is frequently compounded by the integration of decentralised energy resources, including mini-grids and renewable generation, which alter fault levels and grounding requirements (Deshagani et al., 2019).

Economic constraints further shape the technical characteristics of these markets. Limited capital availability encourages cost-minimisation strategies that influence conductor sizing, protection schemes, and grounding system design. Studies from Nigeria indicate that utilities often face trade-offs between network expansion and infrastructure quality, with grounding systems frequently receiving lower

investment priority (Okoye & Solyali, 2017). Such decisions, while expedient in the short term, can undermine long-term safety and reliability.

Environmental and geophysical variability also distinguishes emerging power markets. Many regions in Africa and Asia exhibit high soil resistivity, seasonal rainfall fluctuations, and challenging terrain, all of which complicate grounding design and performance (Kemausuor, Nygaard & Mackenzie, 2015). These characteristics necessitate context-specific engineering solutions rather than direct adoption of practices developed for more uniform and resource-rich power systems.

1.3 Limitations of Conventional Grounding Design Practices

Conventional grounding design practices in medium-voltage distribution networks are largely rooted in prescriptive standards and simplified analytical assumptions. While such approaches provide a baseline for safety, they often rely on uniform soil models and conservative fault current estimates that fail to reflect real-world operating conditions (IEEE Power & Energy Society, 2015). As a result, grounding systems designed under these assumptions may exhibit significant performance deviations when deployed in complex environments.

One major limitation lies in the treatment of soil resistivity. Traditional designs frequently assume homogeneous soil conditions, despite extensive evidence that most sites exhibit multilayer or highly variable soil structures (Malanda et al., 2018). This simplification can lead to inaccurate estimation of ground resistance and surface potential gradients, particularly in regions with high resistivity contrasts.

Economic and practical constraints further restrict the effectiveness of conventional grounding practices in emerging power markets. Designs are often optimised for minimum material usage rather than overall safety performance, resulting in grounding installations that meet nominal resistance targets but fail to control step and touch voltages adequately (Ma, Dawalibi & Southey, 2000). These shortcomings are exacerbated by limited post-installation testing and maintenance.

Evidence from Nigerian distribution networks illustrates how conventional grounding approaches contribute to persistent safety and reliability challenges. Idoniboyeobu, Bala, and Okekem (2018) demonstrate that many installed earthing systems underperform due to poor design adaptation and inadequate consideration of local soil conditions. Collectively, these limitations highlight the need for more robust, performance-based grounding design methodologies tailored to the realities of medium-voltage networks in emerging power markets.

1.4 Objectives and Contributions of the Review

This review aims to provide a comprehensive and critical synthesis of grounding system design and optimisation practices for medium-voltage distribution networks, with particular emphasis on the unique technical, environmental, and economic conditions prevalent in emerging power markets. As these markets continue to expand electricity access and integrate new technologies, grounding systems play an increasingly pivotal role in ensuring operational safety, system reliability, and long-term infrastructure sustainability. The primary objective of this review is to consolidate dispersed knowledge across standards, academic research, and practical implementations into a coherent framework that supports informed decision-making by researchers, utilities, and policymakers.

A key contribution of the review lies in its systematic examination of grounding system fundamentals alongside the contextual challenges encountered in developing regions, including high soil resistivity, climatic variability, rapid network expansion, and resource constraints. By critically evaluating conventional grounding design approaches and their limitations, the review seeks to highlight gaps between prescriptive standards and real-world performance in medium-voltage distribution environments. This analysis establishes the need for design philosophies that move beyond compliance-based practices toward performance-oriented and optimisation-driven solutions.

Furthermore, the review contributes by surveying modelling, simulation, and optimisation techniques applicable to grounding systems, assessing their suitability for data-scarce and cost-sensitive contexts.

Particular attention is given to approaches that balance safety requirements with economic feasibility, recognising the practical constraints faced by utilities in emerging power markets. The review also integrates insights from recent technological advancements, including improved soil modelling methods, innovative grounding materials, and monitoring-enabled systems, to illustrate pathways for enhancing grounding effectiveness over the asset lifecycle.

Finally, this review aims to identify research gaps and future directions that warrant focused investigation, thereby providing a structured agenda for advancing grounding system design in medium-voltage networks. By aligning technical analysis with the developmental realities of emerging power markets, the review aspires to support safer, more reliable, and more resilient distribution networks capable of sustaining long-term electrification goals.

II. FUNDAMENTALS OF GROUNDING SYSTEMS IN MEDIUM-VOLTAGE NETWORKS

Grounding systems form the electrical and physical interface between medium-voltage (MV) distribution networks and the earth, providing a reference potential essential for system stability, fault management, and human safety. At a fundamental level, grounding enables the dissipation of fault and lightning currents into the soil while limiting surface potential gradients to acceptable levels. In MV networks, where fault currents can be substantial, and assets are widely distributed, grounding design must ensure predictable electrical behaviour under both normal and abnormal operating conditions (IEEE Power & Energy Society, 2015).

The operation of grounding systems in MV networks is governed by the interaction between network configuration, fault characteristics, and soil properties. During a ground fault, current flows through grounding electrodes and surrounding soil, creating voltage gradients that determine step and touch voltages experienced by personnel and the public. The magnitude and distribution of these voltages depend not only on the total grounding resistance but also on grounding geometry, conductor layout, and soil resistivity structure (Dawalibi et al., 2000).

Consequently, grounding effectiveness cannot be evaluated solely through resistance measurements but must consider spatial voltage profiles and fault current distribution paths.

Soil characteristics are a defining parameter in grounding system performance. Empirical and analytical studies demonstrate that soil is rarely homogeneous; instead, it typically consists of multiple layers with distinct resistivity values influenced by moisture content, temperature, and geological composition (Nahman, 1986). These variations significantly affect current dispersion and surface potentials, particularly in MV substations and pole-mounted installations. Ignoring soil stratification can lead to underestimation of hazardous voltages and overconfidence in grounding adequacy.

In response to these complexities, grounding theory incorporates both analytical and numerical modelling techniques to represent soil–electrode interactions accurately. Early analytical approaches provided valuable insight into grounding behaviour but relied on simplifying assumptions that limit their applicability in complex environments. Advances in computational methods have enabled more detailed modelling of grounding systems in multilayer soils, allowing designers to evaluate the influence of electrode depth, spacing, and orientation on system performance (Ma, Dawalibi & Southey, 2000). These developments underpin modern grounding analysis practices in MV networks.

From a functional perspective, grounding systems also support the reliable operation of protection schemes. Protective relays and circuit breakers depend on consistent fault current magnitudes and clear reference potentials to detect and isolate faults promptly. Inadequate grounding can distort fault current paths, resulting in delayed tripping, nuisance operations, or failure to clear faults altogether (IEEE Power & Energy Society, 2015). In MV distribution systems with extensive overhead lines and dispersed substations, such failures can propagate across large network sections, amplifying reliability and safety risks.

Measurement and characterisation of soil resistivity represent another foundational aspect of grounding

system design. Accurate soil data are essential for meaningful grounding analysis, yet field measurements are often constrained by cost, accessibility, and technical expertise. Malanda et al. (2018) emphasise that improper resistivity measurement techniques can introduce significant errors into grounding designs, particularly in regions with pronounced seasonal or spatial variability. These challenges are especially pronounced in emerging power markets, where limited resources may restrict comprehensive site investigations.

Practical experience from African power systems highlights the consequences of insufficient grounding fundamentals in MV networks. Studies conducted in Nigeria reveal that many distribution installations exhibit grounding systems that are inadequately sized or poorly matched to local soil conditions, resulting in elevated resistance values and unsafe voltage gradients (Idoniboyeobu, Bala & Okekem, 2018). Such deficiencies are often traced to incomplete application of grounding theory, reliance on rule-of-thumb practices, and insufficient post-installation verification.

Recognising these issues, international technical bodies have sought to contextualise the grounding fundamentals for developing regions. The CIGRE Working Group on grounding in emerging economies underscores that while the physical principles of grounding are universal, their practical application must account for economic, environmental, and institutional constraints (Deshagani et al., 2019). This perspective reinforces the need to interpret grounding fundamentals not as static design rules, but as adaptable principles that guide context-sensitive engineering decisions.

2.1 Grounding System Components and Configurations

Grounding systems in medium-voltage distribution networks comprise interconnected components designed to provide an effective electrical interface between network assets and the earth. Core components include ground electrodes such as rods, plates, grids, and counterpoise conductors, which collectively establish a low-impedance path for fault and lightning currents (IEEE Power & Energy Society, 2015). These components are interconnected using

conductors that ensure electrical continuity and uniform potential distribution across the grounded structure.

The configuration of grounding systems varies according to installation type and site conditions. Substation grounding typically employs buried ground grids composed of horizontal conductors arranged in mesh patterns to control surface voltage gradients, often supplemented by vertical rods to improve current dissipation in high-resistivity soils (Dawalibi et al., 2000). In contrast, pole-mounted transformers and line structures commonly utilise driven rods or counterpoise wires aligned with overhead conductors to extend the effective grounding area.

The selection and arrangement of grounding components are strongly influenced by soil characteristics and fault current levels. In multilayer or non-uniform soils, electrode depth and spacing play a critical role in achieving acceptable performance, as shallow electrodes may be ineffective in high-resistivity surface layers (Nahman, 1986). Consequently, hybrid configurations combining vertical and horizontal electrodes are often adopted in MV networks.

Field studies in Nigeria demonstrate that inappropriate selection of grounding components and configurations remains a prevalent issue in distribution systems. Idoniboyeobu, Bala, and Okekem (2018) report that many installations rely on single-rod earthing systems regardless of soil conditions, leading to elevated resistance values and unsafe voltage gradients. These findings highlight the necessity of context-specific grounding configurations that align component selection with geophysical conditions, network topology, and safety requirements in emerging power markets.

2.2 Electrical and Geophysical Parameters Influencing Grounding Performance

Grounding system performance in medium-voltage networks is governed by a complex interaction of electrical and geophysical parameters. Among these, soil resistivity is the most influential factor, directly affecting ground impedance and the dissipation of fault currents into the earth. Soil resistivity varies spatially and temporally due to differences in composition, moisture content, temperature, and

compaction, making it a critical yet challenging parameter to characterise accurately (Malanda et al., 2018).

Electrical parameters such as fault current magnitude, duration, and distribution significantly influence grounding behaviour. Higher fault currents result in increased surface potential gradients, elevating step and touch voltages around grounded installations. In MV distribution systems, evolving network configurations and the integration of distributed generation can alter fault levels, thereby modifying grounding performance requirements (Ma, Dawalibi & Southey, 2000).

Geophysical complexity further complicates grounding analysis. Most practical sites exhibit multilayer soil structures, where resistivity varies with depth. Nahman (1986) demonstrates that neglecting soil stratification can lead to substantial errors in predicted grounding resistance and voltage profiles. In high-resistivity surface layers, shallow grounding systems may prove ineffective, necessitating deeper or more extensive electrode installations.

In emerging power markets, these challenges are often intensified by limited site investigation data and constrained design resources. CIGRE reports emphasise that climatic variability, including seasonal rainfall patterns common in Africa and Asia, can cause significant fluctuations in grounding performance over time (Deshagani et al., 2019). These realities underscore the need to incorporate both electrical and geophysical parameters holistically into grounding design and optimisation processes.

2.3 Safety Criteria and Performance Metrics

Safety considerations form the cornerstone of grounding system design in medium-voltage distribution networks. The primary safety criteria are the limitation of touch and step voltages to levels that do not pose unacceptable shock risks to humans during fault conditions. International standards define these limits based on physiological tolerance thresholds, exposure duration, and surface resistivity conditions (IEEE Power & Energy Society, 2015).

Performance metrics extend beyond simple ground resistance values, which, although commonly

specified, provide limited insight into actual safety performance. Modern grounding analysis emphasises the evaluation of surface potential gradients, ground potential rise, and transferred potentials as more meaningful indicators of risk (Dawalibi et al., 2000). These metrics capture spatial voltage variations that directly influence human exposure during fault events. In multilayer soil environments, performance assessment becomes more complex, as acceptable resistance values may still coincide with unsafe voltage distributions. Analytical and numerical studies show that grounding systems can meet resistance targets while exceeding permissible touch and step voltage limits, particularly under high fault currents (Ma, Dawalibi, and Southey, 2000). This disconnect highlights the inadequacy of resistance-based compliance alone.

Field investigations in Nigeria provide practical evidence of this challenge. Idoniboyeobu, Bala, and Okekem (2018) report that many MV installations deemed compliant based on resistance testing nonetheless present hazardous surface voltages due to poor grounding geometry and soil conditions. These findings reinforce the importance of adopting comprehensive safety metrics that prioritise human protection and operational reliability, especially in emerging power markets where exposure risks are often amplified.

III. STANDARDS, CODES, AND REGULATORY FRAMEWORKS

Standards, codes, and regulatory frameworks provide the formal basis for grounding system design and implementation in medium-voltage distribution networks. Their primary function is to establish minimum safety requirements, define acceptable performance thresholds, and promote uniformity in engineering practice across diverse installations. In the context of emerging power markets, these frameworks play a particularly critical role, as rapid infrastructure expansion often coincides with uneven technical capacity and limited institutional oversight. Internationally recognised standards such as IEEE Std 80 and IEC 61936-1 therefore serve as foundational references for grounding system safety and performance (IEEE Power & Energy Society, 2015; International Electrotechnical Commission, 2010).

IEEE Std 80 offers detailed guidance on the design of grounding systems with an emphasis on controlling touch and step voltages under worst-case fault conditions. It introduces analytical formulations for permissible voltage limits based on human physiological tolerance and soil resistivity assumptions, thereby linking safety criteria directly to grounding design parameters. Similarly, IEC 61936-1 provides a broad regulatory framework for power installations exceeding 1 kV, incorporating grounding as an integral component of system protection and operational safety. Together, these standards reflect a risk-based philosophy that prioritises human safety and equipment protection through quantifiable performance criteria.

Complementing these documents, IEEE Std 142, commonly referred to as the Green Book, addresses grounding practices in industrial and commercial power systems, many of which interface directly with MV distribution networks. Although not exclusively focused on utility-scale distribution, its guidance on grounding system objectives, equipment bonding, and earthing methods remains relevant to MV applications, particularly in mixed-use environments prevalent in developing regions (Institute of Electrical and Electronics Engineers, 2018). These standards collectively emphasise that grounding effectiveness cannot be reduced to a single resistance value but must be evaluated through comprehensive safety metrics.

Despite their technical rigor, international standards are often developed with assumptions that reflect the conditions of mature power systems. In emerging power markets, direct adoption without contextual adaptation can prove challenging. Factors such as high soil resistivity, informal network extensions, and constrained capital investment frequently necessitate deviations from idealised designs. The CIGRE Working Group on grounding in emerging economies highlights that while global standards provide essential principles, their practical application must be aligned with local environmental, economic, and institutional realities (Deshagani et al., 2019).

National regulatory frameworks play a mediating role between international standards and on-the-ground implementation. In Nigeria, for example, grounding

practices in MV distribution networks are influenced by a combination of inherited British standards, IEEE guidance, and utility-specific design manuals. Empirical assessments reveal significant variability in grounding quality across installations, reflecting inconsistencies in enforcement and interpretation of regulatory requirements (Idoniboyeobu, Bala & Okekem, 2018). This variability underscores the importance of strengthening national codes and ensuring that regulatory agencies possess the technical capacity to audit and enforce grounding standards effectively.

Beyond traditional power engineering domains, insights from regulatory governance in other infrastructure sectors offer valuable perspectives for grounding system regulation. Studies on AI-powered educational systems in underserved regions demonstrate how regulatory flexibility, combined with clear performance objectives, can facilitate technology adoption while safeguarding users (Frempong, Ifenatuora & Ofori, 2020). Analogously, grounding system regulations in emerging power markets may benefit from performance-based approaches that specify safety outcomes rather than prescriptive design details, allowing engineers to innovate within constrained environments.

Similarly, research on nanomaterials in healthcare supply chains highlights the role of standards in managing technological complexity and risk while enabling innovation (Ike et al., 2020). Although situated in a different sector, these findings reinforce the broader principle that effective regulatory frameworks must balance safety assurance with adaptability. In grounding system design, this balance is particularly pertinent as new materials, modelling tools, and monitoring technologies emerge.

IV. GROUNDING CHALLENGES IN EMERGING POWER MARKETS

Grounding systems in emerging power markets are confronted by a distinct set of challenges arising from environmental variability, infrastructural limitations, and evolving network characteristics. Unlike mature power systems, where grounding practices benefit from extensive site data and long-established design conventions, developing regions often deploy

medium-voltage distribution networks under conditions of uncertainty and constraint. These circumstances expose grounding systems to heightened safety and reliability risks that are not adequately addressed by conventional approaches.

A central challenge is the accurate characterisation of soil electrical properties. Soil resistivity in many emerging economies exhibits wide spatial and temporal variability due to heterogeneous geological formations and pronounced seasonal changes in moisture content. Studies have shown that assuming uniform soil properties can lead to significant miscalculations of ground impedance and surface potential gradients (Sverak et al., 1992). In practice, limited access to advanced measurement equipment and trained personnel often results in sparse or incomplete resistivity surveys, undermining the reliability of grounding designs (Chowdhuri, 2003).

The prevalence of multilayer soils further complicates grounding performance. In regions where high-resistivity surface layers overlay more conductive strata, shallow grounding systems may fail to engage deeper conductive paths effectively. Advanced analytical studies demonstrate that neglecting soil stratification can produce unsafe grounding configurations, even when apparent resistance values appear acceptable (Gonos & Stathopoulos, 2005). These challenges are particularly acute in rapidly expanding distribution networks, where design timelines rarely accommodate detailed geophysical investigations.

Economic limitations represent another persistent barrier. Utilities in emerging power markets frequently operate under stringent budgetary constraints, prioritising network expansion and customer connections over infrastructure robustness. Grounding systems are therefore often designed with minimal material usage, limited electrode depth, and simplified layouts. While such designs reduce upfront costs, they increase susceptibility to hazardous touch and step voltages during fault events, especially as networks grow and fault current levels rise (Salam&Rahman, 2016).

Environmental conditions also exert a significant influence on grounding effectiveness. Seasonal

rainfall patterns common in tropical and subtropical regions can cause substantial fluctuations in soil resistivity, leading to variability in grounding performance throughout the year. Empirical investigations indicate that grounding systems designed based on dry-season measurements may underperform during wet seasons and vice versa, complicating safety assurance over the system lifecycle (Coelho et al., 2015). These effects are seldom accounted for in simplified grounding designs. Operational and structural challenges further intensify grounding difficulties. Medium-voltage networks in emerging power markets often undergo frequent modifications, including load growth, feeder reconfiguration, and the integration of distributed generation. Such changes alter fault current magnitudes and paths, potentially invalidating original grounding assumptions. Research into the frequency-dependent behaviour of grounding systems demonstrates that grounding impedance can vary significantly under different transient conditions, affecting fault response and protection coordination (He, Zeng& Zhang, 2012).

Evidence from African distribution networks illustrates the cumulative impact of these challenges. Field assessments in Nigeria reveal widespread grounding inadequacies linked to shallow electrodes, corrosion, and lack of maintenance, resulting in elevated resistance values and unsafe voltage gradients around substations and pole-mounted equipment (Oyeleye,2019). These findings reflect systemic issues, including limited regulatory enforcement and insufficient post-installation testing, rather than isolated design errors.

V. MODELING AND SIMULATION TECHNIQUES FOR GROUNDING ANALYSIS

Modelling and simulation constitute essential tools for analysing the performance of grounding systems in medium-voltage distribution networks, particularly in environments characterised by complex soil conditions and evolving network configurations. Analytical evaluation alone is often insufficient to capture the spatial and temporal variability inherent in grounding phenomena. As a result, computational techniques have become central to predicting ground

resistance, surface potential gradients, and fault current distribution with acceptable accuracy (Dawalibi, Xiong & Ma, 1995).

Early grounding models relied on simplified analytical formulations that assumed uniform soil resistivity and idealised electrode geometries. While these models provided foundational insight into grounding behaviour, their applicability to real-world installations is limited. Subsequent developments introduced electromagnetic field-based approaches capable of modelling potential and current distributions around grounding electrodes more rigorously (Rittong & Sirisumrannukul, 2020). These methods improved accuracy but remained constrained by computational requirements and simplifying assumptions regarding soil homogeneity.

Advances in numerical techniques have significantly enhanced grounding analysis capabilities. Finite element and boundary element methods enable detailed representation of electrode geometry, conductor interactions, and multilayer soil structures. Such models allow engineers to evaluate the influence of electrode depth, spacing, and orientation on grounding performance under both steady-state and fault conditions (Dawalibi et al., 2000). These techniques are particularly valuable in emerging power markets, where soil stratification and irregular installation layouts are common.

The treatment of frequency-dependent soil behaviour represents a further refinement in grounding simulation. Fault and lightning currents contain high-frequency components that interact with soil electrical properties in complex ways. Experimental and modelling studies demonstrate that soil resistivity and permittivity vary with frequency, influencing grounding impedance and transient voltage response (Visacro & Alipio, 2012). Incorporating frequency-dependent parameters into grounding models improves the accuracy of transient analyses, which are critical for assessing insulation coordination and surge protection in MV networks.

Artificial intelligence and data-driven approaches have also been explored as alternatives to purely physics-based models. Neural network-based techniques have shown promise in estimating

grounding resistance and performance metrics using limited input data, offering potential advantages in data-scarce environments (Economou et al., 2007). While such methods do not replace detailed numerical simulations, they provide rapid assessment tools that can support preliminary design and optimisation, particularly where extensive soil measurements are impractical.

Transient grounding analysis has gained increasing attention due to the vulnerability of MV distribution networks to lightning and switching surges. Time-domain simulation techniques enable evaluation of grounding system response under fast-rising currents, capturing phenomena that are not adequately represented by steady-state models. Numerical studies indicate that transient effects can significantly amplify surface potentials and transferred voltages, underscoring the need for comprehensive simulation in grounding design (Cavka et al., 2012).

Practical applications of modelling and simulation techniques in emerging power markets reveal both opportunities and challenges. Field-based assessments in Nigeria demonstrate that many grounding systems are designed without detailed simulation, leading to discrepancies between expected and actual performance (Oyeleye, 2019). Integrating simulation tools into routine design practice can help utilities identify deficiencies, optimise electrode configurations, and prioritise upgrades within constrained budgets.

VI. OPTIMIZATION APPROACHES FOR GROUNDING SYSTEM DESIGN

Optimisation of grounding system design has emerged as a critical advancement in addressing the safety, reliability, and economic challenges associated with medium-voltage distribution networks, particularly in emerging power markets. Traditional grounding design methods, which rely heavily on prescriptive rules and conservative assumptions, often result in either overdesigned systems with high costs or underperforming installations that compromise safety. Optimisation approaches seek to systematically balance competing objectives, including minimisation of touch and step voltages, reduction of ground

resistance, and containment of material and installation costs (Sverak et al., 1992).

Early optimisation efforts focused on analytical and mathematical programming techniques. These methods formulated grounding design as a constrained optimisation problem, where decision variables such as electrode length, spacing, and depth were adjusted to satisfy safety constraints at minimum cost. Khodr et al. (2009) demonstrated that even simple optimisation frameworks could significantly improve grounding performance compared to rule-based designs, particularly in environments with uniform soil characteristics. However, the applicability of these approaches was limited by their reliance on simplified soil models and linear approximations.

The introduction of metaheuristic algorithms marked a significant shift in grounding system optimisation. Genetic algorithms, in particular, have been widely applied due to their ability to handle non-linear, multi-objective problems with complex constraint spaces. Gonos and Stathopoulos (2005) showed that genetic algorithm-based optimisation could simultaneously minimise grounding resistance and surface voltage gradients while reducing conductor length. Such methods are well-suited to grounding problems in emerging power markets, where soil conditions are heterogeneous and design constraints are multifaceted. Evolutionary and swarm-based optimisation techniques further expanded the design space by enabling exploration of unconventional grounding configurations. Studies employing evolutionary algorithms demonstrate that optimised grounding grids often differ markedly from traditional symmetrical layouts, achieving improved safety performance with fewer materials (Taher et al., 2018). These findings challenge long-standing design heuristics and underscore the potential of optimisation-driven approaches to enhance grounding efficiency.

Integration of optimisation algorithms with advanced grounding models has also proven influential. Hybrid frameworks that combine numerical grounding simulation with optimisation routines allow designers to evaluate candidate solutions under realistic soil and fault conditions. Visacro and Ametani (2014) highlight that such integrated approaches capture complex

interactions between electrode geometry and soil behaviour, producing solutions that are both technically robust and practically implementable.

Economic optimisation is particularly salient in emerging power markets, where utilities operate under severe budget constraints. Cost-based optimisation studies from Nigeria illustrate how grounding systems can be designed to meet safety criteria while significantly reducing material and installation expenditures. Tebekaemi (2018) demonstrates that optimised earthing layouts in Nigerian distribution substations achieved compliance with safety standards at substantially lower costs than conventional designs. These results highlight the role of optimisation in enabling financially sustainable infrastructure development.

Recent optimisation frameworks increasingly adopt multi-objective formulations that explicitly account for safety, reliability, and economic performance. By generating Pareto-optimal solution sets, these approaches allow engineers and decision-makers to evaluate trade-offs transparently and select designs aligned with local priorities and risk tolerance. Salam and Rahman (2016) show that such multi-objective optimisation yields grounding solutions that outperform single-objective designs across a range of operating scenarios.

VII. EMERGING TECHNOLOGIES AND INNOVATIVE MATERIALS

Emerging technologies and innovative materials are reshaping grounding system design by addressing longstanding limitations associated with conventional conductors, electrodes, and installation practices. In medium-voltage distribution networks, particularly within emerging power markets, these advancements offer opportunities to improve safety performance, reduce lifecycle costs, and enhance adaptability to challenging environmental conditions. As grounding requirements evolve alongside network expansion and technological integration, material science and monitoring innovations have become increasingly relevant.

One significant area of development involves grounding enhancement materials designed to improve soil–electrode conductivity in high-resistivity environments. Bentonite-based and conductive backfill compounds have been widely investigated for their ability to retain moisture and reduce contact resistance between electrodes and surrounding soil. Experimental studies demonstrate that such materials can significantly lower grounding resistance and stabilise performance under variable climatic conditions (Pedroza et al., 2020). These characteristics are particularly beneficial in arid and semi-arid regions where conventional grounding systems struggle to maintain effectiveness.

Conductive concrete represents another promising innovation, integrating electrically conductive additives into cementitious matrices to create durable grounding structures. Unlike traditional metallic electrodes, conductive concrete offers enhanced corrosion resistance and mechanical stability while providing consistent electrical performance. Research conducted in Nigeria indicates that conductive concrete electrodes can achieve grounding resistance values comparable to copper-based systems, with improved longevity in tropical environments (Salam & Rahman, 2016). Such attributes align well with the economic and maintenance constraints prevalent in emerging power markets.

Chemical grounding electrodes constitute a further class of innovative solutions. These systems employ electrodes surrounded by electrolytic compounds that gradually leach into the soil, reducing resistivity in the immediate vicinity of the grounding element. Field evaluations show that chemical ground rods can deliver stable performance over extended periods, particularly in rocky or resistive soils where traditional rods are ineffective (Fagan & Lee, 1987). However, their environmental impact and long-term sustainability require careful consideration within regulatory frameworks.

Material durability and corrosion resistance are critical concerns in grounding system performance. In tropical and coastal regions, high humidity, acidic soils, and stray currents accelerate corrosion of conventional copper and steel conductors. Studies examining grounding installations in African climates reveal that

corrosion-induced degradation is a major contributor to grounding failure over time (Adabanija & Ajibade, 2020). Emerging materials, including copper-clad steel with enhanced coatings and composite conductors, aim to mitigate these effects by extending service life and reducing maintenance demands.

Beyond materials, emerging technologies are transforming how grounding systems are monitored and managed. Advances in sensor technology enable real-time monitoring of grounding impedance, soil moisture, and corrosion rates, providing valuable data for predictive maintenance and risk assessment. Although such systems are more commonly applied in high-voltage installations, their gradual adaptation to medium-voltage networks reflects a broader shift toward condition-based asset management. These technologies support proactive intervention strategies, reducing the likelihood of grounding degradation going undetected.

The integration of grounding innovations with renewable energy infrastructure has also gained prominence. Wind turbines, photovoltaic plants, and hybrid mini-grids introduce new grounding challenges due to their exposure to lightning and transient overvoltages. CIGRE studies highlight the need for specialised grounding solutions incorporating advanced materials and transient performance considerations to protect both equipment and personnel (Deshagani et al., 2019). Lessons from these applications are increasingly relevant to MV distribution networks in emerging markets where renewable integration is accelerating.

From a theoretical and design perspective, advancements in grounding materials are supported by improved understanding of high-frequency and transient grounding behaviour. Comprehensive treatments of electromagnetic phenomena in grounding systems illustrate how material properties influence impedance under fast-changing current conditions (Kuffel, Zaengl & Kuffel, 2000). These insights inform the selection and deployment of innovative materials capable of performing reliably under both steady-state and transient stresses.

VIII. CASE STUDIES AND PRACTICAL IMPLEMENTATIONS

Case studies drawn from real-world medium-voltage distribution networks provide indispensable evidence of how grounding system designs perform beyond theoretical analysis and simulation. In emerging power markets, where network expansion frequently occurs under constrained economic and institutional conditions, such practical investigations reveal the extent to which grounding systems meet safety and reliability objectives in practice. These studies highlight not only technical shortcomings but also contextual factors that shape grounding outcomes, offering valuable lessons for improved design and implementation strategies.

Field investigations conducted in Nigerian distribution substations illustrate the persistent challenges associated with grounding effectiveness in rapidly expanding networks. Measurements reported by Adesina and Akinbulire (2020) indicate that many substations exhibit grounding resistance values significantly above recommended limits, despite apparent compliance with basic installation guidelines. The primary causes identified include inadequate electrode depth, insufficient conductor coverage, and limited consideration of local soil resistivity. These findings demonstrate that compliance-driven installation practices, when not informed by site-specific analysis, can result in unsafe touch and step voltage conditions during fault events. Further evidence from Nigerian case studies reinforces the systemic nature of these challenges. Ramdhan and Chowdhury (2017) document how financial constraints and limited access to specialised design tools lead utilities to adopt simplified grounding configurations across diverse sites. Their findings show that such standardised approaches fail to accommodate variations in soil structure and moisture content, resulting in inconsistent grounding performance across substations. Nonetheless, the authors also report that targeted upgrades—such as the addition of supplementary electrodes or grid extensions at critical locations—can significantly improve safety outcomes even within constrained budgets.

Experiences from arid regions provide complementary insights into the environmental dimensions of grounding performance. Ala et al. (2018) analysed medium-voltage substations located in desert environments, where extremely high soil resistivity and minimal moisture retention posed severe grounding challenges. Their case studies demonstrated that conventional shallow grounding systems were largely ineffective, producing unacceptable ground potential rises under fault conditions. Practical mitigation measures, including deeper electrode installation and the use of soil enhancement techniques, resulted in substantial reductions in grounding resistance and surface voltage gradients. These outcomes underscore the necessity of adapting grounding designs to climatic and geophysical realities.

European case studies illustrate the tangible benefits of integrating optimisation techniques into practical grounding system implementation. Banjanin (2017) reported on the redesign of grounding grids in medium-voltage substations using numerical optimisation supported by field validation. Their work showed that optimised conductor layouts and selective electrode placement achieved compliance with safety criteria while reducing overall material usage compared to traditional designs. Importantly, post-installation measurements confirmed the accuracy of the optimisation models, demonstrating that computational approaches can reliably inform real-world grounding improvements.

The complexity introduced by non-uniform and multilayer soils is well documented through detailed case analyses. Gouda et al. (2006) presented grounding designs evaluated under heterogeneous soil conditions, highlighting discrepancies between predicted and measured performance when uniform soil assumptions were employed. Their field measurements confirmed that grounding systems designed using multilayer soil models exhibited significantly lower surface potential gradients and improved safety margins. These case studies emphasise the critical importance of realistic soil modelling in practical grounding design.

Measured performance studies further validate the applicability of advanced grounding analysis methods. Visacro and Silveira (2014) conducted controlled

experimental evaluations comparing measured grounding system behaviour with numerical predictions under fault conditions. Their results demonstrated strong agreement when frequency-dependent soil parameters and detailed electrode representations were incorporated into the models. Such validation is particularly valuable in emerging power markets, where confidence in analytical tools can support their broader adoption in routine design practice.

Long-term performance monitoring provides additional insight into grounding system behaviour over the asset lifecycle. Karnas et al. (2012) examined grounding installations in multilayer soils, comparing measured performance across different seasons with computed values. The study revealed significant temporal variation in grounding resistance and voltage distribution linked to changes in soil moisture. These findings highlight that grounding effectiveness is not static and that periodic testing and adaptive maintenance are essential to sustaining safety performance, particularly in climates characterised by pronounced seasonal variation.

IX. FUTURE DIRECTIONS IN GROUNDING SYSTEM DESIGN FOR MEDIUM-VOLTAGE NETWORKS

Future developments in grounding system design for medium-voltage distribution networks are increasingly shaped by the convergence of evolving network architectures, advanced analytical tools, and heightened safety expectations. As emerging power markets continue to expand access to electricity while integrating renewable energy resources and intelligent grid technologies, grounding systems must evolve beyond traditional static designs to meet more complex operational demands. The future trajectory of grounding design is therefore characterised by adaptability, intelligence, and closer integration with broader power system planning processes.

One significant direction involves the incorporation of transient and high-frequency grounding behaviour into routine design practice. Conventional grounding analysis has historically focused on steady-state fault conditions; however, modern MV networks are increasingly exposed to lightning-induced surges and

fast transient overvoltages. Research on impulse efficiency and soil ionization demonstrates that grounding impedance can vary substantially under transient conditions, directly influencing surface potential gradients and equipment stress (Grcev, 2009; Moradi, 2019). Future grounding designs are expected to embed transient performance criteria alongside traditional safety metrics, ensuring robustness against both steady-state and impulse phenomena.

The transition toward smart grids presents another critical driver of change. Medium-voltage networks are progressively adopting digital protection, automated switching, and distributed intelligence, all of which alter grounding requirements. Smart grid components rely on stable reference potentials and low-noise grounding environments to ensure reliable communication and control. Reviews of grounding challenges in smart grid contexts highlight the need for coordinated grounding strategies that account for power electronics, communication systems, and cyber-physical interactions (Sarma, 2016). As such, future grounding systems are likely to be designed as integral elements of digital grid architectures rather than isolated safety components.

Advances in monitoring and sensing technologies are also expected to transform grounding system management. Continuous or periodic monitoring of grounding impedance, corrosion rates, and soil moisture enables condition-based maintenance and early detection of performance degradation. Studies on advanced monitoring techniques demonstrate that real-time data acquisition can significantly enhance grounding reliability and safety assurance, particularly in networks subject to environmental variability (Meliopoulos, Cokkinides & Huang, 2017). In emerging power markets, the gradual adoption of low-cost sensors and data analytics offers a pathway to overcome traditional limitations in inspection and maintenance capacity.

Material science developments will continue to influence future grounding solutions. As MV networks expand into polluted, corrosive, and climatically challenging environments, the durability of grounding materials becomes increasingly important. Research on insulation and material performance in harsh outdoor conditions underscores the necessity of

selecting materials that maintain electrical and mechanical integrity over long service lifetimes (Farzaneh et al., 2005). Future grounding designs are therefore expected to incorporate corrosion-resistant conductors, composite electrodes, and environmentally stable backfill materials tailored to local conditions.

The African and broader developing-world context introduces additional dimensions to future grounding design. Studies focusing on sub-Saharan Africa highlight persistent challenges related to high soil resistivity, informal network expansion, and limited regulatory enforcement (Irechukwu & Mushi, 2020). Addressing these challenges requires grounding frameworks that are both technically robust and economically feasible. Future directions in these regions are likely to emphasise modular and scalable grounding solutions that can be incrementally enhanced as networks grow and resources permit.

Integration of grounding considerations into holistic network optimisation is another emerging trend. Rather than treating grounding as a terminal design step, future methodologies are expected to embed grounding optimisation within broader distribution planning and asset management frameworks. High-frequency grounding behaviour studies indicate that grounding interacts dynamically with protection coordination and insulation performance, particularly in networks with power electronic interfaces (Kuffel & Kuffel, 2000). This interdependence suggests that grounding design should be co-optimised with protection, insulation, and reliability objectives.

Finally, the evolution of standards and professional practice will play a defining role in shaping future grounding systems. As research advances clarify the limitations of resistance-based compliance and highlight the importance of performance-oriented metrics, regulatory frameworks are expected to evolve accordingly. Future grounding standards may increasingly adopt risk-based and performance-driven approaches, allowing engineers greater flexibility to innovate while maintaining safety assurance. For emerging power markets, such evolution offers an opportunity to align global best practices with local realities, fostering safer and more resilient medium-voltage distribution networks.

CONCLUSION

This study has systematically addressed the complex challenge of grounding system design optimization for medium-voltage distribution networks, with particular emphasis on the technical and contextual realities of emerging power markets. The overarching aim of synthesizing theoretical foundations, practical challenges, and contemporary solutions has been achieved through a structured examination of grounding fundamentals, regulatory frameworks, modelling and optimisation techniques, emerging technologies, and real-world case studies. Together, these elements provide a coherent and comprehensive understanding of how grounding systems influence safety, reliability, and long-term sustainability in rapidly expanding distribution networks.

The analysis demonstrates that grounding systems are not merely auxiliary components but critical infrastructure elements whose performance is shaped by soil characteristics, network configuration, environmental conditions, and economic constraints. Key findings highlight the limitations of conventional, prescriptive grounding practices when applied uncritically in emerging markets, particularly in environments characterised by high soil resistivity, climatic variability, and limited institutional capacity. The study further establishes that reliance on ground resistance alone as a compliance metric is insufficient, underscoring the importance of performance-based criteria that explicitly address touch and step voltages, transient behaviour, and lifecycle performance.

Advances in modelling, simulation, and optimisation were shown to offer substantial benefits, enabling designers to balance safety and cost while accommodating complex soil and network conditions. Emerging materials, monitoring technologies, and adaptive design approaches were identified as promising pathways for enhancing grounding effectiveness and resilience, especially where traditional solutions are constrained by corrosion, space limitations, or maintenance challenges. Case studies from diverse geographic contexts provided empirical validation of these insights, illustrating that

context-aware, optimised grounding designs deliver measurable improvements in safety and reliability.

In conclusion, the study affirms that effective grounding system design in medium-voltage networks requires a holistic, performance-oriented approach that integrates technical rigour with economic and environmental considerations. It is recommended that utilities and regulators in emerging power markets prioritise site-specific analysis, adopt optimisation-driven design methodologies, and strengthen regulatory enforcement and capacity building. Future research should focus on long-term performance monitoring, integration with smart grid technologies, and the development of regionally tailored standards to support sustainable and safe distribution network expansion.

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